

MARA



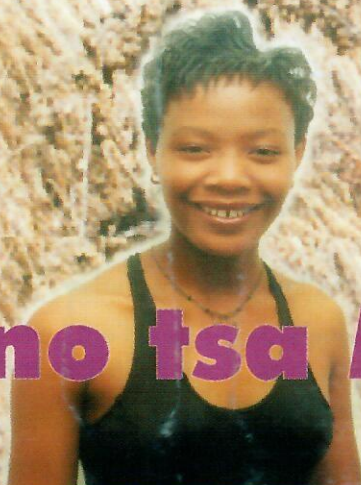
HA A SE NA LIHLOELA A OELA

**Lebotho le Ikhethang
la Sesole sa Lesotho
le Malala-a-laotsoe**

**Thibelo ea lifencha
e tiisoa ka molao**

**Masetlalibete
a Balisana ka
maloting**

Liponono tsa Mara



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Mohlophisi

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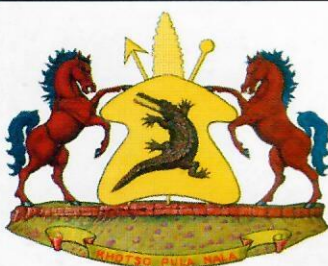
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Lebotho le ikhethang la sesole sa Lesotho.

Sesole sa Lesotho se thehile lebotho le ikhethang (Commando Unit) ele la mofuta oa pele naheng ea sona.

Masole a hlometseng a lefaat'se ka bophara, a ile a elelloa ka nepo hore ho be le lebotho le ikhethang kahara sesole sa ona, 'me a koetlisetsoang ho phethahatsa mesebetsi e ikhethileng ka litsebo tse ikhethang, 'me mohlala o joalo ke o kang oa sesole sa America se nang le Delta Force, Green Beretts, Navy Seals, le tse ling tse 'maloa.

Boohle re tla hopola hore LDF e ntse ele tlasa khaho bocha ka t'sebetso ea bokoetlisi bo hloahloa ba litsebi tsa sesole sa naha ea India. 'Me likoetliso tse akhang n'tsetsopeleng ea lona lebotho lena, la mautloela, molao oa sesole le tse ling, li ntse li tla latela hamorao.

Lefaat'se le tjamelane le t'soso e kholo ea boferekanyi, haholo-holo ha re talima litlhaselo tse etsahetseng World Trade Centre Amerika ka Loetse selemong se holimo tseo ka kotloloho li ammeng moruo, tsoelo-pele ekasita le eona t'sireletso. Ke ka mabaka a akhang a na masole a linaha tsa lefaat'se a tlamehang ho theha mabotho a tsona a ikhethang ho loant'sa boferekanyi. Ruri sesole sa Lesotho ha se mokhelo tabeng ena.

Koranta ea MARA e lumela e sa thekesele hore joale ke nako eo sechaba sa Basotho se lokelang ho ba motlotlo ka sesole sa sona, leha chebelo pele ese sesoleng feela, empa e boetse e tobisitsoe ho ntlafatsa moruo oa naha.

Joalokaha ho boletsoe kaholimo ka masetlalibete a boferekanyo naheng ea Amerika moo ho tlahehang tahlehelo ea maphelo a fetang likete tse supileng, MARA e nyatsa le ho seholla liketso tsa boferekanyi tse se nang qenehelo le khethollo ho batho ba se nang molato.

Ruri e se e ka ba ikarabellang le ho amana le litlhaselo tseo ba ka fumanoa, 'me ba se fuae bot'sabeli kae kapa kae ho kenyelletsa le Lesotho. ■

Tsa bolumeli Sesoleng sa Lesotho



Lt Col

Thabo V. Mohapi

Bukeng ea maele khaolo ea 16 temana ea 28 lentsoe la

Molimo le baleha tjena:-

"Motho ea khopo o luka khotso, mosebi eena o qabanya metsoalle"

'Moko taba:- u se ke oa beha t'sepo lit'sebong.

T'senyo e ngata e ka bakoa ke litsebo, e ba e ka ba ka ho hloka monahano, bohlasoa kapa bokhopo. Hang ha ho etsoa polelo e joalo, eba ke ha ho jaloa peo ea khoaho; ho tla menahano kapa batho ba fihlela liqeto tseo hangata li thehoang holima menahano eo hangata e hlohang motheo. Sena se ka qetella ka likamano tse senyehang le bohloko ba maikutlo le boiphetetso ba ba amehileng ha ba etsang bokhopo ba sala ba sa angoa ke letho 'me ba itsoella-pele ho hasa litsebo.

Batho ba na le t'sekamelo ea ho mamela litsebo. Sena se ka tsoaloe ke botsosa ba t'antjello kapa t'antjello e khopo empa, le ha ho le joalo litsebo li ka mameloa ke bongata. Ho ena le ho bamameli ba nang le t'sekamelo, hobaneng re ke keng ra phelela tsa bonnete ba seo re se utloang?

Phenyaphenya se teng ka sepheo sa ho fihlela 'nete ea taba. E tsa bonnete ba hore o t'sireletsa ea tlatlaptjoang ho ena le ho thusa ba mo tlatlapang, kapa ka holimo ho tsohle pepesa litsebo ka ho li beha botenng ba mosebi le eo ho buuoang ka eena. Naha ea Lesotho e ka be e sa ka ea latsoa lietsahala tsa 1998 tsa mefere-fere ea lipolotiki.

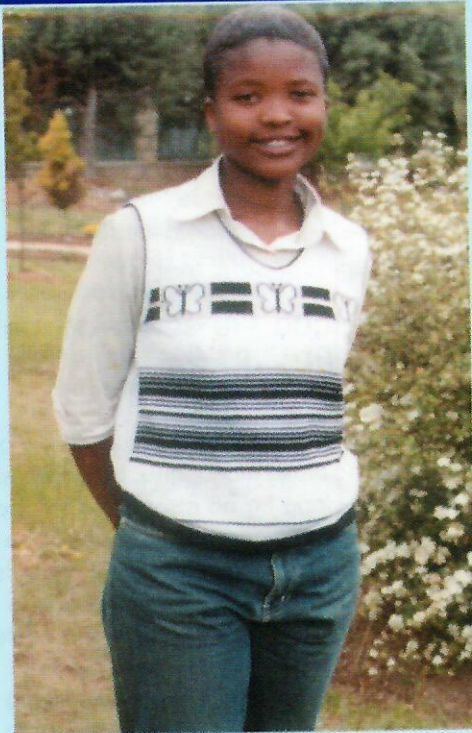
Ha o atamela boemo bona ka tsela ena o tlabo o latetse mohlala oa Jesu Kreste me o tlabo o thibela t'senyo e ngata e bakoang ke litsebo tse hlohang motheo.

Bohle re ke re kopeng morena oa rona Jesu Kreste lithapelong tsa rona ka matsatsi ohle hore thusa ho emela 'nete ho ena le ho latela tloaelo e atileng eo ha ngata e nang le litholoana tsa tlokotsi.

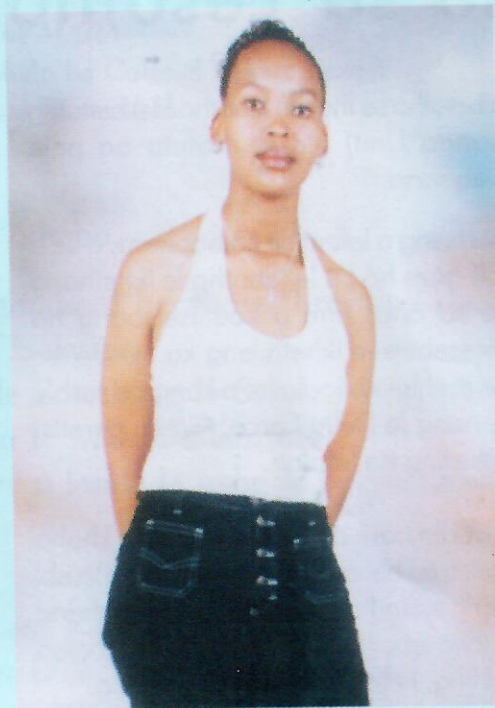
Amen

MOLIMO A U HLOHONOLOFATSE. ■

Liponono tsa **MARA**



Rethabile Mokhali oa Lower Thamae. Ke e mong oa bo mabotle ba *Mara*. O lilemo li 16. O rata ho bapala bolo ea matsoho le ho tebuka.



Lineo Peete oa Maseru West. O lilemo li 21. O rata ho shebella TV, papali ea tennis le chess, ekasita le ho mamela 'mino.



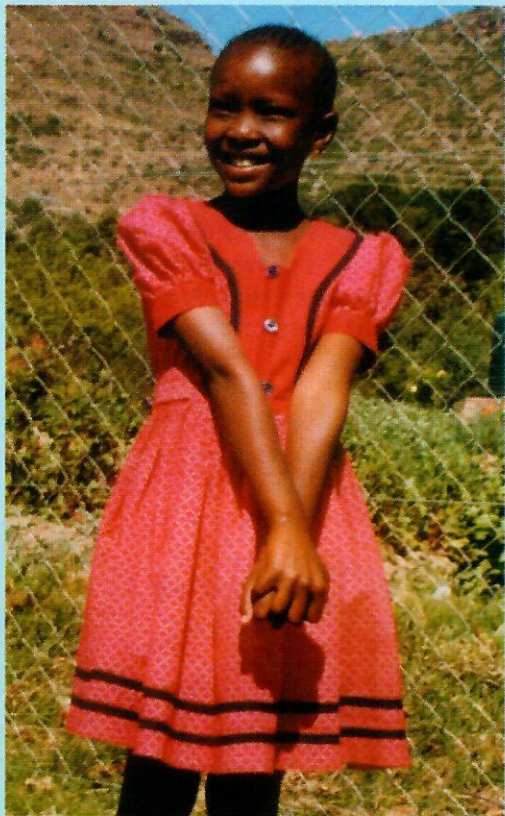
Esther Mariti oa Makoanyane. O lilemo li 17. O rata ho bina, ho tsamaea le ho shebella litšoantšo. O lakatsa ho ba Psychologist.



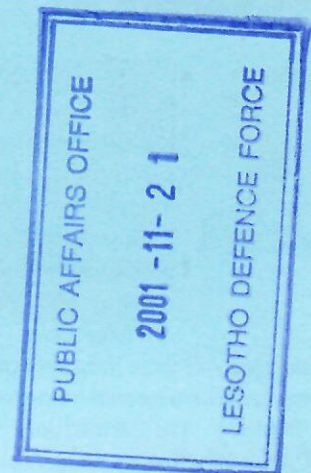
Ntsiuoa Sekete oa Qachas-Nek. O lilemo li 19. O rata lio telenka thusa likoea le ho etsa setsoalle. O lakatsa ho ba toloko le ho ba setsoantsi. O Selemong sa bobeli ka sekolong se sehoho sa sechaba Roma (NUL).

HA EBA U KA THABELA HO KENELA TLHOLISANO ENA, ROMELA SETŠOANTŠO SA HAU HO MOHLOPHISI OA MARA. P.O. BOX 1346, MASERU 100, LESOTHO MOHLOMONG U KA BA MOHLOLI!

Liponono tsa Kamoso tsa **MARA**



Itumeleng Maketela oa Khubetsoana. Ke e mong oam liponono tsa kamoso tsa *Mara*. O lilemo li 9. O bapala tennis le bolo ea matsoho.



Ntebaleng Lekhera oa Matsoatlareng. Ke moithuti ea lilemo li leshome. O rata ho shebella TV, ho bola libuka le ho bapala tennis.

Pampiri ea rona ea ho qetela Mara e tla ba le maqephe a mabeli a bommabotle ba hlahileng leqepheng la bone khatisonong tsa selemo sena. Babali ba tla ba le monyetla oa ho ikhethela ea ipabotseng ka botle hara bona ekasitana le ba babeli ba molatelang ka botle.

CASA 212-400 e tsorama Maseru



ka Pte
Tankiso Nkoho

Sesole sa Lesotho sa lefapha la moeeng (LDF AW) khoeling e fetileng se amohetse sefofane se secha CASA 212-400 e leng sa pele sa mofuta oa sona linaheng tsa Afrika se jang limilone tse t'seletseng le likete tse makhola a mabeli tsa litolara tsa Amerika (US\$ 6,200,000.00). Kananelo ea molao ea sefofane sena ke molaoli oa sesole (LDF) e ne e t'soaretsoe boema-fofane Mejametlana, Maseru.

Puong ea hae ea kamohelo ena ea sefofane, Ofisiri e ikarabellang sesoleng sa moeeng, Brigadier Edward Thuso Motanyane o utulotse hore sefofane sena se ile sa sebelisoa pele e le pont'so, e bile se se se fofile lihora tse 260 nakong eo ho neng etsoa tekeno ea konteraka ea thekisetano. O supile hore theko ea sona e ile ea theoleloa ho limilone tse 'ne, makhola a mane le metso e mehlano ea litolara tsa Amerika (US\$4 405,000.00) e hakanyetsoang M39,000,000.00. "Linyehlisetso tsena li re file monyetla oa ho fumana likaroloana tse ling tsa bohlokoa tsa sefofane le ho lefa lit'senyehelo bakeng sa koetliso ea bafofisi ba bahlano (5) le litei tse t'seletseng (6) mane Seville Spain", ke Brig Motanyane eo.

O bont'sitse hore ba amohela sefofane sena e le ho nkela se seng sebaka, se neng se bjaramane ha se tsorama mane Mokhotlong ka T'sitoe, 2 000.

"Mofuta oa sefofane sa CASA 212 o ne o qale ho sebelisoa sesoleng sa Lesotho ka 1989. E ne e le lekhetlo la pele se sebelisoa ho fofisa mabotho ho ea le ho khutla Qacha's Nek ha se seng se ne se thula thaba e phahameng Ha Mpititi, 'me se senyeha ka ho phethahala kotsing eo, ho ile hoa eba le tahlehelo ea maphelo a masole a leshome le metso e robeli (18)". Brigadier a hlalosa joalo.

A re ho tloha nakong eo, lefapha la

bafofisi le ile la ikakhela ka setotsoana likoetlisong tse matla bofofising le botsoraming bo ts'ireletsehileng. A eketsa ka hore kotsing ea T'sitoe selemong se fetileng ha ho oa ba le tahlehelo ea maphelo le ha e le likotsi tse mpe.

"Khetso ea CASA 212-400, e le sefofane se bohareng e etsahetse ka



Ke sona sefofane se secha sa sesole sa Lesotho sa moetsi oa CASA212-400 boema-fofane lebaleng la sesole la Majamelana. Pic:- Pte M Maputla

lebaka la bokhoni ba eona ho ipapisitsoe le t'sobotsi ea naha ea habo rona e lithaba li matsaranka har'a lintlha tse ling", Brig Motanyane a rialo.

A tiisa hore lintlafatso tse entsoeng mofuteng ona o mocha li kenyeletsa bokhoni ba ho phahama le ho tsorama ka boimahali bo t'soanang ba likilokarama tse 2,950 (kg) e leng ho sa fumaneheng ha ngata bofofising.

"Keketso ea matla a entjene (engine), e etsa hore sefofane sena se be le bokhoni bo bohola ba ho phahama le ho lula, esita le keketso ea karolo ea mashome a mararo lekholong (30%) boemong ba ho phahama, e leng boemo bo khotsofatsang bakeng sa boema-fofane ba rona le litsela tsa teng", ke Brig Motanyane eo.

A lebisla liteboho tse khethehileng ho linshorensense tsa AON Lesotho le LNIG

ka t'sebetso ea tsona e sa thekeseleng ho LDF AW ka lilemo t'sireletsong e lokelang ea lifofane le baeti ba li sebelisang. Likarabelo tsa bona tse matla tharollong ea mathata a LDF le botataisi ho boloka leano la eona e leng litabatabelo tsa 'muso le sechaba sa Lesotho.

Molaoli oa sesole sa Lesotho Lt Gen. Makhula Mosakeng o ile are ho etsa karolo ea eona le ho fihlela sepheo sa eona, LDF e lokela ho ba le bokhoni ba lipalangoang tsa moeeng, tse e lumellang ho beha mabotho ka nako e khuts'oane sebakeng sefe kapa sefe ka har'a naha.

Lt Gen o hopolitse ba neng ba khobokane moo ka liphepetso tseo LDF e leng ka har'a tsona. "Tseno li kenyeletsa mat'solo a ho pholosa maphelo a batho ka hare le ka ntle ho meeli ea rona esita le mat'solo a t'sehetsang makala a mang a 'muso", Lt Gen a rialo.

Moemeli oa Spain Lesotho Mohlomphehi M.A. Mazarambroz o ile a lakaletsa bafofisi ba LDF ba tla sebelisa sefofane sena se ts'epahalang mahlohonolo le ts'ebetso e tsoileng matsoho.

CASA 212-400

li tsoa qhepheng la 6

Lebitsong la Letona la T'sireletso, Letona le khabane la Machabeng, Monghali Tom Thabane o itse likamano lipakeng tsa babusi le masole Afrika li liphethohong tseo tlholisano ea tokelo ea ho tsamaisa puso e leng kholo.

"Sesole ke senotlolo seo naha e se hlohang ho pharalatsa puso ea sechaba ka sechaba ho netefatsa hore sechaba se natefelo ke litokelo tsa mantlha tsa botho", a rialo.

Letona le khabane le itse theko ea CASA ha se tsietsi. "Re na le t'sepo e kholo ka sefofane sena", ke letona leo. "Nakong ea likoluo LDF e romela lisebelisoa tse hlokehang sechabeng se sa fumaneng litšebeliso tse lekaneng ka lebaka la tlhokahalo ea litsela", letona la hlalosa joalo.

Letona le itse le hlokometse hore Afrika ha e-s'o fihlele khotso ka ho phethahala, bopaki ke lintho tse etsahalang har'a linaha tse ling joaloka Angola, DRC le Burundi.



Molaoli oa sesole sa moeeng Brig E T Motanyane, AON/LNIG Lesotho Mong Richard Austin, Mofofisi/Mokoetlisi Mong Ntabe, Mookameli oa sesole sa Lesotho Lt Gen A M Masakeng, Mafofofisi oa CASA Lt T Madamane le Mong Alonzo oa Khampani ea CASA-Spain ba bonoa pela sefofane se secha sa CASA 212-400 Pic:- Pte M Maputla

A hopotsa litho tsa LDF ka boikarabello ba tsona boo li tobaneng le bona hona joale "Re se ntse re khukhunelana ka liketso tsa botlokotsebe tse kenyeletsang bosholu ba liphoofole le lipolaeano tseo ho eeng ho amehe batho ba se nang molato", letona la machabeng

Monghali Thabane a rialo.

Letona la hlaisa hore ka keketso ea thepa eo LDF e nang le eona, o t'sepa hore t'sireletso ea naha le sechaba esita le puso ea sechaba ka sechaba e tla phethehala. ■

Masetlalibete a balisana ka maloting



ka WO II
Ntele Masoetsa

Ke ile ka roba monakeli tlasa moriti oa sefate ka thoko ho motse oa Ha Mphoche haufi le nokana ea

malaoaneng seterekeng sa Leribe. Ka lebaka la ho tsamaea haholo, mele oa ka o ne o fufuletsoe haholo. Kapele-pele ka be ke omisoa ke moea o pholileng oa lihlaba tsa Lesotho. Ka nto akhela ho jeoang ha ke ntse ke boha botle ba naha.

Ke ile ka iphumana sebakeng sena ka lebaka la t'susumetso le t'jantjello ka bophelo ba masetla-libete ba

balisana ba libakeng tse ka maloting. Ruri motho a ka hlolloa ke boemo boo balisana ba thulanang le bona le mathata a ba arotseng le tsoelo-pele ea sebupuo se bitsoang motho.

Boikhutso boo ba ka bo ile ba sisingoa ke sello sa phokojo; me ke sa maketse joalo ka bona ka ho makala ho hoholo moshanyana ea neng a tabohetsoe ke liaparo haholo a bonahala a baleha me a fihla a hloella holima lefika le leng holima thaba. O eme joalo motsotsoana ho fihlela ke mo atamela, me hoa cha lekomo.

Moshanyana eo ke Tefo Sefalatsa ea lilemo tse 15 ea alosang mohlape oa linku tse 93 tsa morui e mong oa mabalane ea bitsoang Monghali Samuele Phakiso. Phakiso o lefa Tefo maloti a lekholo ka khoeli. "Moputso oo oa ka o neoa motsoali oa ka Ntate Tankiso", ke Tefo eo.

Re ile ra buoa halelele le Tefo ho fihlela re arohana, me ka fetela lapeng habo moo Monghali Tankiso a itseng ho alosa liphoofole ke ts'ebetso/tloaelo ea sechaba sa Basotho eo e neng e shejoa ele moo moshanyana a neng a

sheba qhephe la 8

...balisana ka maloting

li tsoa qhepheng la 7

itokisetsa ho fetela bohlaneneng, ke moo a neng a ka lokela ho nyala ebe o ilo sebetsa merafong Afrika Boroa.

Ha letsatsi le leba masela libata, Tefo o ile a isa liphoofole tsa habo motseng, me a koalla; 'me hang a lokisa lijonyana tsa hae tsa mantsiboea me ra ja hamonate re ntse re qoqa tsa bophelo ba hae ba balisana.

Tefo o itse o ne a rekela phoofo ea poone, mokotla oa moroho, sesepa se hlapang, le serakanolo kamora likhoeli tse peli. O itse ha a bapisa bophelo ba hae le balisana ba bang, ruri o bona bo le ka holimonyana, "Bahiri ba bang ha ba

Ha letsatsi le se le kene mobung leeto la ka le ile la leba motseng oa Ha Seetsa hona seterekeng sa Leribe, moo le teng ke ileng ka bona moshanyana a khanna likhomo ho ea motseng.

Ka morao hore a koalle, o ile a fasa malihlofa e mong a nto e hama, "Ke eona nako eo ke tlang ho ja sa mot'seare, ke tla tla jella sa tlung ha morao", a rialo moshanyana eo ka boits'epo bo boholo.

Eena ke Nthokoa Mafutho ea lilemo li 13, eo e saleng a alosa lilemo tse tharo tse fetileng. O boletse hore eena o alosa likhomo tsa habo, me o ntse a orohela lapeng habo letsatsi le leng le le leng.

Nthokoa o re o t'soenngoa ke boemo bo hlobaetsang ba

tla be ke le karolo ea bana bano ba bang", a rialo ka ho thaba.

Lipalo-palo tse fumanehileng ho ba Mokhatlo oa Machaba oa Lithuso bana (UNICEF) Maseru li bont'sa hore Lesotho le hara linaha tseo banana ba fetang bashanyana ka thuto, me li tsoela pele hore ke ka mashome a mararo a metso e 'meli lekholong (32%) ea bashanyana ba lilemo li lipakeng tsa 5 le 19 ba sebetsang e le balisana, bao ba bang ba bona ba qalang ho alosa metebong ba le lilemo li tharo.

Ho phela ba le bang le ho tinngoa tlhokomelo ena ho tsoetse boit'soaro bo sa amoheleng bo kang ho utsoa thepa, ho beta le litlolo tse ling tsa molao.

Mokhatlo ona oa Bana o etsa liketso tse 'maloa tsa ho eellisoa balisana ka litaba tse phasaletseng tsa bophelo ka ho theha litsi tsa thuto kahara naha ho fana ka thupelo.

'Me Malikeleli Mokokoane oa mokhatlo oa Home-Makers Lesotho o boletse hore mokhatlo oa habo o etsa lithupelo tsa ho ruta balisana ka litaba tsa bophelo, phepo e nepahetseng, paballo ea makhulo ekasitana le ka lefu la mokakallane oa setlabocha, "Thahasello e kholo ho bashanyana bana 'me ruri re bona khatelo-pele e kholo", a rialo 'M'e Mokokoane.

O itse o kothaletsa 'muso ho etsa melao e tla shebana le lilemo tseo balisana ba ka alosang ka tsona esita le meputso e ka ba lokelang. O boletse hape hore barui ba mehlope ba lokela ho bokella liphoofole tsa bona, ebe ho hiroa banna ho li alosa, 'me sena se tla fa monyetla bashanyana ho shebana le thuto. ■



Enoa ke Nthokoa Mafutho, ea iteletseng tšebetso ea hae ea ho alosa liphoofole. Pic:- Pte T Toai

hlokomele le hona ho tsotella basebetsi ba bona", a rialo Thabo ka mesarelo e meholo.

Moshanyana enoa o boletse hore motsoali oa hae o t'sepisitse ho mo fumant'sa thuto ka lipokello tsa moputso oa hae, ha Tefo eena a bont'sitse hore o ikemiselitse ho sebetsa bonyane lilemo tse sa feteng boraro.

balisana ba bang ba lulang lilemo-lemo tlasa maemo a mabe a leholimo, me ba se na monyetla oa ho etela beng ka bona.

Nthokoa o itse ho na le sekolo haufi le motse oa habo, me e sa le e le takatso ea hae ho tseba hore na ho etsoang moo sekolong, me o itse o ne a tsebe, "Ka le leng la matsatsi, le 'na ke

Lebotho le Ikhethang la Sesole sa Lesotho le malala-a-laotsoe.



ka
Pte Ntsele Ntoi

Ka nako eo lירו a la - nkhoana tse peli tsa pholoso li neng li ubella ho ea potlakisetsa setho sa lebotho le ikhethang la sesole sa Lesotho la Commando Unit se neng se tsoile

likotsi kokelong – let’solo la tllhaselo selaong sa sera le ne le se le e-na le metsotso e ka bang e mashome a mararo le tsoelapele, ‘me le se le isa pheletsong.

Pejana ho tseo, balebelli ba ketsahalo ena e ikhethang ea ho pepesa bokhoni le boiphihlelo ba ntoa ba lebotho leo le ikhethang, ba ile ba tsota le ho makala ruri ha ba bona bahlabani ba tsubella lilomong ka lithapo; ba lika-liketsa seqhobo seo sa sera ho hlaha ka ‘nq’ a tsohle tseo sera se neng se sa lebella.

Sehlopha sa lithoeli, sa ba etellang pele sehlopha se sehlo sa tllhaselo, sa ba tlatsetsang ka ho jela phate ha maemo a hloabaetsa, sa ba phahlolang ka liqhomane le lihlopha tsa ba lallang mecheng eo sera se ka phonyohang ka eona – lihlopha tseo tsohle li ne li ile tsa lara moo matsatsi a le mabeli li letetse taelo ea ho tsometsa sera se sa iketlile.

Eitse hang hoba ba fuoe taelo ea ho futuha, bahlabani ba sehlopha se li hulang nthau ba be ba se ba nanaretse balebeli ba seqhobo seo sa sera, ba ba pharumela sa libatana, ba ba roba melala, ‘me ba qeta ka bona ka ho panya hoa n’ si feela! Lithena tse neng li ntse li khakhathisa mahanana li ile tsa nyarosoa ke ho khabola ho matla hoa lithunya ha sehlopha se sehlo sa tllhaselo se kena khabong. Ka mokhoa o hlophisehileng ruri lihlopha tse ling tsa lebotho lena le ikhethang li ile tsa tsoa laeng ka potlako tsa ea jela phate, ‘me ho se ho kae qhobosheane eo ea sera ea phathloha kaofela.

Motho ha u ne u libelletse ketsahalo eo, u ne u ka eelloa hore leha mokhahlelo oo oa pele oa tllhaselo eo o ile oa tsamaea hantle ho ea kamoo o neng o raliloe ka teng ho le ho kaalo, ho ne ho boetse ho totobetse hore molaoli oa lebotho leo lohle, Lieutenant Daniel Chere Makhetha o ne a sa ka a lebala hore ‘ntoa ke khomo ea khameloa meutloeng’, ‘me ka hona a se ke be a khella fat’ se bokhoni ba sera thulanong le lebotho leo la hae. O ile a laela ke hona hore sehlopha sa tlatsetso

se harasoanye ntho e ‘ngoe le e ‘ngoe e phelang sebakeng seo hoo lithoko tsa sera li ileng tsa qetella li khaohile likoto-koto – hoa mathoa lepatla-patla!

Ho khabola ho matla-matla hoa lithunya ho ile hoa tsoelapele ha nakoana, hoa nto re khoe! haese mona le mane feela ha ba lalletseng mecheng ba khotlola lira tse phetlelang mpa moea ka kulo.

Ha lerole le kokobela, ho khutsa ho re tu! makoloi a mane (4) a ntoa a ile a kena a potlakile, ‘me bahlabani ba ikakhela ka hare, ba khutlela lihelong

Molaoli oa sesole sa Lesotho Lieutenant General Makhula Mosakeng le eena o ne a sitoa ho iphpanya ke thabo, “hona ke khatelo pele eo esaleng ke e labalabela. Ke na le t’sepo ka lebotho lena le ikhethang la sesole”, a rialo a bile a eketsa ka hore, “ona ke mokhahlelo oa pele; ho sa tla latela e meng e ‘meli – sepheo le morero ke ho aha lebotho le feletseng la mofuta ona ka har’a sesole sa Lesotho”, ke Lt Gen eo.

Letona ofising ea Tona-khoho, Mohlomphehi Sephiri Motanyane le



Setho sa lebotho le ikhethang la sesole sa Lesotho, LDF se tsoileng kotsi se phallisetsoa kokelong. Ka pel’a ba jereng lempara ke ba lireng ba hapiloeng. Pic:- Pte M Maputla

ba siea seqhobo seo sa sera e le lesupi feela.

Hm! Heaba ba ikarabellang ba ne ba sa re hlaba malotsana esale pele ka hore na bao ke bo-mang, ruri motho o ne a ka hloma eka o bone ba bang ba litho tsa mabotho a ikhethang a linaha tse tsoetseng pele tsa lefat’ se ha ba ithlophisetsa tllhaselo e khoho mobung oa naha ena”, ho tsota e mong oa balebelli.

Moeletsi ho tsa t’sireletso ho tsoa sesoleng sa India, Brigadier Jasbir Singh SM le eena o bile le maikutlo a t’soanang, “ke feela ke tiisitse ha ke re banna bana ba lebotho lena le ikhethang la LDF haufinyane ba tla be ba hlahelletse ka mahetla har’a mabotho a ikhethang a machaba. Kea tiea, kea le hlapanyetsa ha nako e ntse e e-ea le bona ba tla ntlafala joalo feela”, ke Brig eo.

eena o ne a le teng moo, ‘me ha a lahlela molangoana oa hae o ile a re, “ena ebile koetliso e khut’soanyane ea sesole, empa boiphihlelo ba pepesitsoeng mona ruri bo bont’sa hore efela sesole sa Lesotho se kene tseleng e isang katilehong. Kea t’sepa hore le ba t’soereng mokotla oa lichelete tsa sechaba ba tla eelloa bohlokoa ba ho t’sehetsa morero ona o motle hore ho tle ho fihleloe katleho. Re fela re lumela hore sesole se nang le boiphihlelo se na le seabo se sehlo ho tllisa maemo a tsitsitseng bakeng sa khoho e ntle ea moruo oa naha,” la rialo letona.

Mokoetlisi oa mabotho a ikhethang a sesole ebile e le setho sa sehlopha sa bakoetlisi ba sesole sa India (IATT), Lesotho, Major K Bhushan o re ha a ne a simolla ka lenaneo la koetliso ho

sheba qhephe la 10

Pale ea Bophelo ba Colonel Lekate Lesitsi

ka Pte Ntlele Ntoi

Ke hopola ka hloko lekhetlo la pele ha ke 'mona mane sekolong sa koetliso ea sesole sa Lesotho, LDF se Makoanyane Barracks ka Phuptjane, 1992. E ne e le ofisiri ea sesole e koenneng, e mahlaha-hlaha – moetapele oa sebele ea hlompshoang hoo ke bileng ka labalabela hore eka ka le leng la matsatsi le 'na nka t'soana le eena.

Esita le joale ha e se e le motlatsi oa Ramabotho, Colonel Lekate Lesitsi (47) o ntse a le sehlahlo t'sebetsong. "Ke hlahile ka selemo sa 1954 mane Hleoheng Ha Hlanami seterekeng sa Leribe. Ke khorula lelapeng la bana ba leshome le metso e mene (14) – banana ba robong (9) le bashanyana ba bahlano (5)", ho rialo Col Lesitsi ha a thoma pale ea bophelo ba hae.

"Joalokaha ke hlahile ntate a se a holile haholo, kholiso ea ka ebile e boima haholo. Ke hotse ke hloka tsohle tseo bana ba lilemo tsa ka ba neng ba li labalabela. Mehlang eo, ntate o ne a se a sa sebetse, 'me ka nako e 'ngoe re ne re hloka le sa ho ja feela le liaparo le tsona



Motlatsi oa ramabotho, LDF Colonel Lekate D Lesitsi

e ne e le bothata ho ka li fumana. Re ne re phela ka temo feela qhal!" ke eena eo.

thena. E ne e le ntho e bohloko hoo ke

sheba qhephe la 11

Lebotho le ikhethang

li tsoa qhephe la 9

ne ho nyolosetsa kaha a ne a sa tsebe letho ka bokhoni le boiphihlelo ba masole a Lesotho. "Ke ile ka tlameha ho ithuta ho bona hore na ke batho ba amohelang koetliso kapele ho le ho kae le mokhoa oo ba nkang litaelo ka 'ona. Ke ile ka sebetsa ka thata ho bona hore ha ho le ea mong oa bona ea haeloang ke tsebo lintlheng tsohle tseo koetliso e li akaretsang," ke Maj Bhushan eo.

"Ka mora' o ho nakoana e se kae ke ile ka thaba ha ke elolloa hore ke feela ke e-na le baithuti ba sehlahlo, ba ikemiselitseng ho ithuta le ho ikoetlisa ka thata", e boetse ke Maj eo.

Makoetlisi o ile a boela a hlalosa hore a ka thabela ho sebelisa masole a ileng ipabola a ba a hloaeloa bokoetlisi thupelong e tla latela ena haeba bolaali ba LDF bo ka mo lokollela bona. "Ke boetse ke etsa khothaletso ea hore haeba ho khoneha ba ka romelloa linaheng tse ling ho kenela lithupello tsa bokoetlisi ba mabotho a ikhethang ka kotloloho, ekaba kae kapa kae, mohlomong le hona India koana. Hona le tsa bohlokoa tseo motho a ka ithutang

tsona hohle lefat'seng; etsoe maqiti a ntoa a mabotho a ikhethang a feto-fetoha le linako joalo ho ea ka linaha ka ho fapana" ke Maj Bhushan eo.

Khethong ea ba neng ba lokela ho fetela mokhahlelong o ka pele oa koetliso teng ha hoa ka hoo e-ba le bothata ho Maj Bhushan. "Ke bile mokoetlisi oa mabotho a ikhethang haeso koana India ka lilemo tse tharo ka tatellano, 'me ka hona ho hloaea masole a neng a lokela ho fetela mokhahlelong o kapele oa koetliso ha e-ea ka ea e-ba bothata ho hang," ho rialo Maj Bhushan.

E mong oa ba sa tsoa phethela thupello eo Corporal Koenaesele Habi ea ileng a ipabola ka ho thunya le ho hloaeloa bokoetlisi o ile a re, "ho ne ho le thata, empa ke motlotlo haele mona ke atlehile ho phethela thupello ena. Ha esale ke ntse ke labalabela ho kenela lithupello tse ikhethang tsa sesole; ha se feela ke ileng ka ithaopela hoba setho sa lebotho lena le ikhethang la sesole," ke Cpl Habi eo ka boitumelo bo boholo.

Molaoli oa lebotho leo Lt Chere Daniel Makhetha eena o ile a t'sepisa hore o tla tsoelapele ka bokoetliso hammoho le lebotho leo la hae. "Ke se ke tla 'ne ke

atamele IATT bakeng sa likeletso mona le mane ha ho hloka hahala. Ke boetse ke etsa t'sepiso ho banna bana ba heso ba li-commando hore ke tla ba teng ka mehla ho jarisana boima ba t'sebetso le tsohle 'moho le bona. Ho feta moo kea t'sepa ke tla boela ke fuoe monyetla oa ho thakelana ka litsebo le bo-mphato'a ka ba liofisiri," a t'sepisa joalo Lt Makhetha.

Ho masole a 44 a ileng a etsa likopo tsa ho kenela thupello eo, 'me a atleha ho hloaeloa koetliso, ebile a 34 a ileng a fetela mokhahlelong o kapele oa koetliso. Qetellong banna ba 27 ba ile ba khoesoa malapi a ba tlotlang joaloka litho tsa lebotho le ikhethang la sesole sa Lesotho.

Leo e ne e le lekhetlo la pele pont'so e kaalo ea sesole sa Lesotho e t'soaroa moo ho neng ho ameha mabotho a fat'se, a ikhethang, lefapha la lifofane, la likhokahano, botekhiniki, lipalangoang, mautloela, bongaka le a mang ka kopanelo.

Ka ntle ho thibelo ea liketso tsa bokhukhuni ka har'a naha ea Lesotho, lebotho lena le tla koetlisetsoa ho thibela bokoeta, ho pholosa ka koetsetsoeng le ho fana ka t'sireletso ea maemo a holimo ho ba bohlong naheng ena. ■

sitoang le ho e lebala esita le joale", ke eena eo ka ho belaela ho hoholo.

Eitse hoba a mphetele tseo, o ile a boela a elisa sefahleho, a bobotheha, a nto re, "leha ho le joalo ho na le lintho tseo ke li hopolang ka ho qaboha ho hoholo", a rialo a se a ntse a keketea, a ba a eketsa ka hore, "ka letsatsi le leng ke ne ke romiloe ha Rakhali ha sekhakhatha sa balisana ba motse o haufi le oa heso ba tla nthibella, ba nt'sehele qholo. Joaloka ka ka mehla pehelo e ne e le hore 'u tle u e t'sele feela, moshemane, u tla e nyathela!' ba rialo ka ho nt'sokela".

E re kaha Col Lesitsi a ne a ipabotse ka ho kalla, o ile a amohela qholotso eo kapelepele. Hang-hang a nkana lekhara-khara le bashemane ba le bararo, a ba fekisa. "Eitse ha bo-mphato'a bona ba elelloa hore kea ba halala, ba nkhorohela kaofela. Ao, ka phekhoha, ka le tipa-tipa, ba mpeha merebele empa haele ho nt'soara teng, che, eaba ba ipoleletse lefeela", ke eena eo a ikinne ke lit'seho.

"Tseo e ne e le tsa mehla eo. Bohle ba ne ba utloisisa hore seo e ne e le mokhoa oa papali feela o neng o re ruta ho ntlafatsa mokhoa oo oa rona oa boit'sereletso ka nako eo. Ke ne ke ba leballe ke hona; e-tsoe le 'na ke ne ke hlola ke khaoletsa ba neng ba t'soha ba re naka-naka haufi le motse oo oa heso".

Ka mesarelo e mehlo, 'm'e motsoali oa hae o ile a hloka hala a sa le monyenane haholo, 'me ka hona a holisoa ke ntata'e a le inot'si. "Ka nako eo ntate o ne a se a holile haholo. O sa tsoa hloka hala morao tjena ka 1991 a le lilemo li 101", ke Col eo ka moea o oeleng.

Col Lesitsi o ile a phethela sehlopha sa bot'selela (Std VI) ka 1970. O ile a sebetsa joaloka mohlokomeli oa bat'soaruoa Lefapheng la Lichankana la Lesotho ka 1971. Ha a ntse a le moo o ile a nka khato ea ho ntlafatsa thuto ea hae ka ho kena sekolo sa bosiu. Ka tataiso ea mesuoe ea hae bo-ntate Makhaba, 'Malikhetla le Molaetsi, Col Lesitsi o ile a atleha ho fumana lengolo la thuto e mahareng - Junior Certificate ka 1974.

Ha lilemo li ntse li loeana, Col Lesitsi o ile a toteloa ke cheseho ea hoba setho sa mabotho a hlometseng a naha ena. "Ke ne ke ile ka khahloa ke ka moo masole a neng a khaba ka bohloeki ka teng meketeng ea sehopotso sa Boipuso ba Naha. Empa ka ho ikhetha ke ne ke haptjoe pelo le maikutlo ke bo-Captain Lefat'seng Letsie le Moliboea Nketekete ka boipabolo ba bona motsamaong o hlophisehileng oa sesole", ke Col eo.

Ha a se a khahliloe joalo, Col Lesitsi o ile a etsa kopo ea hoba lesole ka mongolo. Empa kopo ea hae e ile ea sitoa ho amohela makhetho a mararo ka tatellano. "Qetellong ke ile ka loha leqheka la ho ikulisa hore ke tle ke fumane sebaka sa ho ea ithlahisa litekong tsa ba tla'ng ho kenela sesole mane sekoting Ha Ratjomose moo e neng e le ntlo-kholo ea Police Mobile Unit (PMU) ka nako eo. Ka la 1 Pherekhong, 1978 ke ile ka simolla ka thupelo ea motheo ea sesole".



Re hopola tsa mehla ea bohlo-holo: ho tlaha ho le let'sehali ho i sa ho le letona ke 'M'e motsoali oa Col Lesitsi, 'M'e 'Malioba, moholoane oa hae Ntate Moeketsi, e nto ba moshemane ka bo-eena.

Ka morao ho thupelo o ile a ba le thahasello lithutong tsa maqiti a nto le t'sebeliso ea libetsa. "Ke ne ke rata ho ba 'moho le bo-mphato'a ka ba lebotho le neng le bitsoa B-3 ka nako eo. 'Moho re ne re pheta-pheta lithuto tseo re ileng ra li ruta ho fihlela re se re li tseba ka hlooho. Ke ne ke bile ke rata ho etsisa morupeli oa rona ho tsa motsamao o hlophisehileng oa sesole, Col Nathnael Sepiriti. Kea kholoa ke ka hona bolaali bo ileng ba khahloa ho nkisa sekolong sa koetliso ea sesole, 'me ka ea sebetsa moo ke le mokoetlisi", a rialo.

Ka Hlakola, 1980 Col Lesitsi ea neng a le boemong ba Corporal o ile a qalella ka t'sebetso eo a ntseng a e rata esita le joale - ea ho koetlisa masole. Ha a ntse a le moo o ile a hahlula le mafat'se a ntse a kenela lithupelo tse ikhethang tsa sesole. O ne a atisa ho ea Linaheng tse Kopaneng tsa Amerika (USA) le Borithani (UK) ho ea kenela lithupelo teng.

"Ka 1981 ke ile ka ea kenela thupelo ea bokoetlisi mane Sekolong sa Thupelo ea Sesole, Aldershot, UK. Lilemo tse peli ka morao ho moo ke ile ka boela ka ea thupelong ea ho Nehela Ntoa le ho e Laola. Ha nto latela ea mokhoa oa Phetiso ea Litaelo ka puo e otlohileng

ea sesole mane San Antonio, Texas, USA. Ke ile ka boela ka rupelloa ho tsa Bolaali ba Mabotho a Fat'se a nto tlaasa botataisi ba Sehlopha sa Bakoetlisi ba Sesole sa Manyesemane (BATT) Lesotho mona. Thupelo eo ke ile ka ea e nt'setsapele mane USA", ho hlalosa Col Lesitsi.

Col ha ka ba rupelloa hoba mohale ea hlabarang lintoa feela, ka 1995 o ile a rupelloa ho tsa Molao oa Botho

oa Machaba, Italy. Ha morao a rupelloa ho tsa Mat'solo a Poloko ea Khotso Machabeng ho la Afrika Boroa le tse ling tse ngata.

Ha a ntse a hahlula le mafat'se joalo, Col Lesitsi o ne a sa itheka moroalo ho ntlafatsa thuto ea hae. O ile a fumana lengolo la boipabolo (Diploma) thutong ea sekolo se phahameng mane Washington, DC, USA. Ho feta moo a boela a fumana lengolo le leng la boemo bo t'soanang thutong ea senyesemane sa khoebo, UK. O boetse o na le tabatabelo ea ho ea etsa thuto-bohlo mane Institute of Extra Mural Studies (IEMS), Maseru.

Col Lesitsi o ile a ba sekolong sa koetliso ea sesole moo ho fihlela a phahamisetsoa boemong ba major, 'me ka hona ea e-ba molaali oa sekolo seo. "Ka lilemo tse telele ke ile ka tsitlallela ho thusa ho aha sesole se maemong a tsoetseng pele. Empa ka makhetho a 'maloa mehato ea lefapha la heso la koetliso e ile ea 'na ea sitisoa ke khahlamelo ea lipolotiki tsa mekha ka har'a lintho tse ling tsa sesole ka nako eo.



2/Lt 'Mole' Kumalo

Ke li bona tjena

Meralo e akaretsang maikutlo a bohle ba amehang, ebile ena le ponaletso ke mokokotlo oa tsela e ntle ea tsamaiso ea litsi tsohle, ho sa khathalletsehe boholo ba ts'ona.

Liphuputso tsa bo ra-mahlale li supa ntle le tika-tiko hore ponaletso le boikarabello ke eona methapo ea ho felisa bobulo le ho se khotsofale ho batho ba amehang.

Mabotho a ts'ireletso a se mekhelo litabeng tsena kaofela, ka nepo bona tsebetso ea bona e boima ka ho fetisisa hobane e le lekala ha ba ikarabelle ho basebetsi feela, empa le ho sechaba ka kakaretso.

Hona ho bakoa ke hobane sesole se khahlalelitsoe ka boikarabello ba ho sireletsa naha ena ea rona, sechaba esitana le thepa ea sona.

Sesole ele lekala la 'muso, se batla se ikhethollotse hanyane ho makala a mang a 'muso, hona ho bakoa ke bongata ba basebetsi le tsela tse sebelisoang ho boloka boit'soaro bo botle le tlhompheleli hara sesole. Hona ke ona mothapohali ka hare ho sesole.

Ke boikarabello ba sesole ho qoba qeoa-qeoa lintlheng tse kang ho phahamisoa mosebetsing (promotion), phano ea matlo, phano ea menyetla ea makoloi le tse ling. Tona ena ea taba e ka fihleloa feela ka meralo e khoaritsong letlapeng ka makhetha.

Meralo ena e ka thusa hape ho felisa "botho" boo ha ngata ha bo sebelisoa tsamaisong ka batho kapa sechaba ka kakaretso e khesemela ha bohloko, 'me e senye tsela ea t'sebetso.

Boetapele ba naha ena bo tobane le tabahali ea tonana, eo eleng ea ho ntlafatsa bokamoso ba naha ena, 'me joale ke nako ea ho utloisisa, le boitelo ka metso ho ntlafatseng naha.

Sena se ka fihleloa ka kopanelo le mekhatlo emeng e ka amehang, ele ho teea mohlala feela re ka fana ka, mekhatlo e ikemetseng (NGOs) barutehi, le bo Ra-liphuputso ba ikemetseng (consultants).

Makala le makalana a tlamehile ho ba le chebelo-pele (vision) e hlakileng e tla fihleloa ka nako e itseng. Boleng,

ba chebelo-pele ena bo hloka maikutlo le litaba-tabelo tsa lekala kaofela, eseng tsa bookameli feela.

Hona ho ka fihleloa ka ho saeletsa ka bookameli bo bohareng le bo-tlase, 'me e be bona boo hamorao ba tla fanang ka boeletsi.

Ho ka boela hoa sebelisoa thaka e ncha e maboko a chatsi, e qatang ho boptjoa ka lithupelo tse matlafatseng ho tsoa likolong.

Re ka khahlametsa thaka ena e ncha ka ho khotsofatsa maemo a bonojoana hore ba tle ba tsebe ho itekanya mesikaro. ■

...Col Lesitsi

li tsoa qhepheng la 11

"Ho tea mohlala, ka 1995 ka mora'oa ho merusu ea litoant'sano ka har'a sesole sa Lesotho ke ile rala koetliso e neng e akaretsa mahlakore 'ohle ka har'a LDF. Sepheo le morero e ne e le ho bopa moea oa kutluisano, t'sepo le t'sepano ka har'a litho tsa mabotho a hlometseng le hona ho a hopotsa boikarabello ba ona litabeng tsa t'sireletso t'sebelisanong 'moho le mebuso ea sechaba ka sechaba.

"Empa joalokaha eka ha ho'a lekana merusu ea tsohelo-matla ea 1998 ka har'a sesole e bakiloeng ke letsuka la lipolotiki le neng le hahlametse ba bang ba litho tsa mabotho a hlometseng morero oo o motle oa boitlafatso t'sebetsong ena o ile oa thisa. Ho ile hoa sisinngoa metheo ea sesole, 'me t'sobotsi e ntle ea sona ea silafala mahlong a sechaba sa Basotho le machabeng", a rialo ka moea o oeleng.

"Empa ho tsena tsohle ha ho motho eo ke mo nkileng ka pelo. Re ke ke ra boelloa ke letho ka ho 'na re supana ka menoana; seo re lokelang ho se tsitlallela ke ho tsepamisa maikutlo a rona t'sebetsong ena, 'me re bone hore na pele re eang joang. Re lokela ke hona ho tsitlallela ho fana ka kutloisiso ho bohle hore sesole se ka holimo ho lipolotiki tsa mekha. LDF e ithutile ka liphoso tsa eona, 'me ho lekane", a rialo Col.

Col Lesitsi ha a se t'sebetsong o thahasella ho hloela bakuli litsing tsohle tsa kokelo a sa khethe, ho feta moo o rata ho bala, ho shebella bolo ea maoto, ea banana le ena e qhobotsoang (volleyball), ha a se moo o fumaneha serapeng sa meroho. Haele lijong teng, "ke thabela ntho e t'soarellang ka maleng ka mona - ka hona ke rata papa ka meroho le nama kapa ho hong feela ho nang le lihaha-'mele. Rona Basotho ha re tsamaee re e-ja har'a nako feela", e boetse ke eena eo ka boqhoele bo boholo.

Col o labalabela hoba sehoai sa maemo a phahameng ka kopanelo temong le sechaba seo a ahisaneng le sona ka sepheo sa ho kenya letsoho phokotsong ea tlhokahalo ea mesebetsi ka har'a sechaba sa Basotho ha a beha meja fat'se.

Ka t'sebetso ea hae e ntle, Col Lesitsi o ile a tlotloa ka khau ea boipabolo t'sebetsong ka 1992. O na le mofumahali, 'me 'moho ba hlhlonolofatsoa ka bana ba babeli. ■

Thibelo ea lifencha e tiisoa ka molao

Ka Pte Tankiso Nkoho

Thabo Lelosa, 30, e mong e leng rafencha ore lelapa la hae le tobane le bofuma, ka morao hore 'muso o thibele lifencha e le lipalangoang tsa baeti. "Ha ke utloisisi hore ke hobaneng sethatong re ile ra fua mangolo a o hoeba ka lifencha," a rialo. O utullotse hore ke mophelisi oa baphelisuo ba robong (9), 'me o tlameha ho lefella bana ba bane (4) ba kenang sekolong sephahameng chelete ea sekolo.

"Ke ile ka tlameha maoto le matsoho ho arohana le baqhobi ba ka le bathusi ba bona. Lelapa la ka le batsoali baka ba tobane le bofuma. Hape ke ile ka tlameha ho khutlisa thepa ea ka tlung eo ke neng ke e rekile ka mokitlane lebenkeleng la thepa ea katlung," a hlalosa joalo moea o oele.

Ea lulang Hlotse a sebetsa lebenkeleng la thepa ea ka tlung, le bitsoang Supreme pela kereke ea Mofumahali oa Tlholo Maseru, Mofumahali 'Mantsopa (ha se lebitso la hae hantle) o itse thibelo ea lifencha ho palamisa baeti e rahile batho ba bangata ba neng ba li sebelisa ho pheta maeto a bona ho ea le ho khutla mosebetsing maling a mpa.

"Ke ne ke atisa ho sebelisa fencha ho tloha Hlotse le ho khutlela teng letsatsi ka leng. Ke ne ke eso fihle morao mosebetsing le ka mohla. Hona joale boemo bo fapane tje ka nako e nngoe ke itlaleha ka morao ho nako eo mosebetsi o qalang ka eona", ke Mantsopa eo.

Bereng Makoanyane, eo e kileng ea eba moqhobi oa fencha, o itse o lahlehetsoe ke mohloli oo a neng a khona ho phelisa lelapa la hae le ho kenya bana sekolo. O itse ke mesarelo, hore boemo bo teng ha joale bo ka susumetsa ba futsisoeng ke thibelo ena ea lifencha, ho iphumana ba khasa ka hara botlokotsebe, ba batla mokhoa oa bophelo.

"Matsatsing ana mesebetsi e ea sokoleha, empa le ha ho le joalo motho o tlameha ho fumana ho hong ho mo phelisang", Makoanyane a rialo.



Monghali Samson Moru, moetapele oa mokhatlo oa litekisi Lesotho (LEBUMIN).

"Ke ile ka tlameha maoto le matsoho ho arohana le baqhobi ba ka le bathusi ba bona. Lelapa la ka le batsoali baka ba tobane le bofuma. Hape ke ile ka tlameha ho khutlisa thepa ea ka tlung eo ke neng ke e rekile ka mokitlane lebenkeleng la thepa ea katlung,"

Moetapele oa mokhatlo oa bo-ralibese le litekisi Lesotho (LEBUMIN) Monghali Samson Moru o bala hore lifencha tse ka bang makholo a mararo (300) tse

ileng tsa ameha ke thibelo ena. Palo ena ea lifencha tsena ene e sebelisa lilithara tse ka bang 54000 ka khoeli tsa peterole.

O itse mokhatlo oa habo o ne o thonngoe ka 1995, ka sepheo sa ho etsa khoebo e lokolohileng ea lipalangoang tsa baeti.

Potsong ea hore na thibelo ena e amme sechaba le moruo oa Lesotho joang, Monghali Moru o bontšitse hore lifencha tse 300 li ne li atisa ho sebelisa lilithara tse ka bang 54,000 tsa peterole ka khoeli, tsa boleng ba chelete e ka holimo ho M1 900,000.00. "Chelete ena ke e 'ngoe eo litsi tsa noesetso tsa peterole li e lahlehetsoeng, 'me karolo ea leshome (10%) ea eona e ne e bokelloa ele lekhetho la thekiso le eang mokotleng oa 'Muso', ke Monghali Moru eo.

Monghali Moru o itse baqhobi ba lahlehetsoe ke chelete e kalo ka M200,000.00 e ne ele moputso oa khoeli ha bathusi ba bona ba lahlehetsoe ke e ka bang M180,000.00. Bo-ralifenchaba ne ba atisa ho amohela chelete e ka babg M6,000.00 ele chelete e kenang ho tsoa litifisong tsa lifencha, eleng lelapa ka 'ngoe. O itse o kholoa hore basebelisi ba lifencha ba ka bang 10,000 ba robiloelitho ke thibelo ena. "Ha kena qeaa-qeoo hore moruo oa naha o thefulehile ha bohloko ke thibelo ena ka ha ena le litla-morao tse sa jeseng litheohelang", a rialo.

Mokomishinara oa sephethe-phete le lipalangoang, Tlali Khasu, o re thibelo ea lifencha ele lipalangoang tsa baeti e ipapisitse le molao oa 'mila le sephethe-phete oa 1981 temana ea 81 (a) o hlokanng hore lipalangoang tsa baeti li be bolelele ba limithara tsa 1.75(m) ho tloha holimo ho ea fat'se. "Lifencha tsena tsona li na le limithara tse 1.25(m) 'me hona ha ho lumellehe ho hang", ke Monghali Khasu eo.

sheba qhephe la 14

Tseba hore u lesole le nang le boiphihlelo.

Motho e mong le e mong o batla ho tseba ka katleho ea sesole, boit'soaro ba lesole le nang le boiphihlelo, Bula mahlo, eba hlokolosi ho thiba liketso tse empa hona e sale linyane, ha se eona qetello Reretsoeng ho beha t'sireletso kotsing. ea litaba.

Liketso le mekhoha ke libetsa tsa bohlokoa tse Bont'sang boleng ba motho bophelong. Li thusa ho susumeletsa maikutlo a babohi ho lesole, Haholo batho ba haufi le lona kapa bahaisane, Hobane ba mo shebile ka nako tsohle, Ba laba-labela ho khola litholoana tse molemo ho eena, Khotso, khutso le khotsofalo tseo ba ka liarolelanang le eena.

Tseba hore u lesole le nang le boiphihlelo.

Ha mathata a hloa manolo holimo, Eba sebetse ho a beha tlasa taolo, Hopola boit'soaro ba sesole ebe seikokotlelo sa hao. It'soarelle ho bona, u se panye hobane sera se tla jela monyetla, Se kotule moo u jetseng bakeng sa katleho ea litaba-tabelo tsa sona.

Tseba hore u lesole le nang le boiphihlelo.

Etsa hore litoro tsa hao ebe tsa tsoelo-pele le

Hopola mosebetsi oa hao, oa ho t'sireletsa boleng ba

'marona Lesotho, sechaba ekasitana le thepa ea sona.

Etsa hore tsena tsohle li se lahlehe, boteng ba hao.

Nahana ka bohlokoa ba sesole, se kotule moo o sa Jalang.

Tseba hore u lesole le nang le boiphihlelo.

Ha u fuoe maemo le boikarabello ho masole a mang mosebetsing,

Se ke oa lahlehela ke kelello ka lebaka la thabo. Tseba hore ke ka lebaka la bokhoni le boikitlahetso Mosebetsing oa hao. Se ke oa khella fats'e bao o ba hulang nthau mosebetsing, eba ntata le 'm'a bona.

Ba bont'se tsela e atlehisang litaba-tabelo tsa sesole.

Ba t'sepe 'me etsa hore le bona bao t'sepe, Bafe litaelo tse hlakileng.

Tseba hore u lesole le nang le boiphihlelo.

Ka Pte Matheanzima Taneso

Thibelo ea...

li tsoa qhepheng la 13

Mokomishinara o tsoetse-pele ho hlalosa hore lemati le morao letsohong le letona la fencha le etsa hore mofuta ona o se ke oa sebelisoa ele sepalangoang sa baeti, tjee ka ha lemati leo le bulehela ka sephethe phetheng ha baeti ba etsoa kapa ba kena ka koloing.

"Hona ke sona sesosa sa likotsi tse 'maloa moo likoloi tse ling, ho kenyeletsa libaesekele le lithuthuthu tse ileng tsa thula baeti ba theohang lemati le ka morao letsohong le letona la fencha. T'sireletseho ea maphelo a batho e tlameha ho tla pele", Monghali Khasu a hlalosa joalo.

Mokomishinara Khasu o hlalositse hore karolo e sa jeseng litheohelang mabapi le-lifenchana mona Lesotho, ke hore, ho lifenchana tse leshome e le 'ngoe ke eona e ngolisitsoeng ka molao. O itse boholo ba lifenchana mona Lesotho li utsoitsoe ebile ha li na litokomane tsa ngoliso. Sena se ile sa senoloa ke let'solo le etsahetseng hauts'oanyane 'Operation Mak'holo' nakong eo le neng le fuputsa makoloi a utsoitsoeng le a se nang litokomane tsa ngoliso.

O utlollotse hore ofisi ea habo e nyebekolotse litloaelo tse mpe tsa bobolu tse amanang le basebetsi ba bang ba sephethe-phethe le lipalangoang ba sebelisanang 'moho le masholu a likoloi. "Litho tse ling tsa sephethe-phethe li amohela

masiba a limpshe ho etsa litokomane tse seng molaong tsa ngoliso ea makoloi, ele hore li shebahale joalo ka ha eka li ngolisitsoe ka molao, empa ho se joalo", Monghali Khasu a rialo.

O tsoetse pele ka hore bobolung bona, ba bang ba lekala la sephethe-phete ba sebelisana le bo ramakoloi ka ngoliso ena e seng molaong ele ho nyolla boit'soaro bona bo hlephileng. "Re na le lirekote tse 'maloa tse amanang le tjo tjo moo basebetsi ba lekala lena ba sebelisitseng thepa ea lekala hampe ka ho fana ka litokomane tsa ngoliso ho masholu a likoloi. Ke netefatsa hore molao o tla nka karolo ea teng malebana le litloli tsena tsa molao", Monghali Khasu a hlalosa joalo. ■



Maj T. Mothae

Seabo sa mabotho a hlometseng pusong ea sechaba ka sechaba

Koranteng e fetileng (volume 1 issue no 3 Sept. 2001) re boletse hore mabotho a hlometseng lefat' se ka bophara a tobane le phephetso e matla. Mona ke nt' setsopele ea litaba tseo.

Sepheo sa mantlha sa boteng ba mabotho a hlometseng ke ho fana ka ts'ireletso khahlanong le bora bo tsoang ka ntle leha sena se a beha boemong ba ts'ebeliso ea likhoka. Haeba matla ao a sa sebelisoa ke nepo, a qetella a kenakenane le lintlha tse ling tsa bohlokoa tsa sechaba. Haele mona ho ena le ngangisano ka hore na seabo sa mabotho a hlometseng pusong ea sechaba ka sechaba ke se fe, le hore na hobaneng ha linaha li lokela ho jara lits'enyehelo tsa mabotho ana, karabo e bonolo, mabotho a teng ho sireletsa meeli, boipuso le litaba-tabelo tsa baahi ba linaha ka ho ikhetha. Ka hona maemong a mang mabotho ana a fuoa boikarabelo ba ho ts'ehetsa ba boholong sechabeng.

Lefats'eng lena le feto-fetohang mabotho a hlometseng a filoe boikarabelo ba ho kenya letsoho mehatong ea poloko ea khotso ka mekhahlelo eohle ea eona boemong ba tikoloho le machabeng joalokaha seo e le boikarabelo ba linaha tsohle tseo e leng litho tsa mekhatlo ea machaba le ea tikoloho.

Leha ho le joalo pusong ea sechaba ka sechaba lichaba li hloka ho beha ts'ireletso maemong a phahameng empa e boetse ele ka ho qoba likotsi leha ele eona ts'enyehelo. Ts'ebetso ena e ka aroloa ka mahlofo lintlheng tse totobatsang ts'ebetso ea mabotho a hlometseng:

- Seabo le boemo ba molao ba mabotho a hlometseng;
- Taolo e hliphisehileng ea 'ona ke mebuso e khethiloeng ka molao;
- Seabo sa 'ona lipolotiking;
- Khaho ea mabotho a hlometseng ka bo eona le
- Kamono ea 'ona le sechaba ka kakaretso.

Sesole sa Lesotho se thehiloe tlaasa Molao oa Motheo oa Lesotho, hammoho le tlhaloso ea seabo sa sona sa mantlha. Temana ea 146 (1) e re, "ho tla le leboho la ts'ireletso le tla fana ka ts'ireletso Lesotho", sena ha se ntho e makatsang ha esale tjamelano ea linaha tse sekametseng Bochabela le Bophirima e fihla pheletsong ka lilemo tsa bo - 1989-91.

Leha ele hore seabo sa mantlha sa mabotho a ts'ireletso ke ho sireletsa naha khahlanong le bora bo tsoang kantle ho meeli, ka nako e 'ngoe ha maemo a tsitsipane ka hara naha eba kantle ho boikhethelo ho sebelisoa mabotho ho tliša boemo tlaasa taolo. Ho na le lintlha tse peli tsa mantlha tse loketseng ho eloa hloko ts'ebeliso ea mabotho a ts'ireletso ka hara naha.

Ntlha ea pele, seabo boikarabelo ba mabotho

a hlometseng li lokela ho seeloa meeli e sa le sethathong. Poloko ea molao le khotso Lesotho ke boikarabelo ba mantlha ba sepolesa. Empa haeba LDF e lokela ho kena ts'ebetsong, seo se ka etsoa e se ele mohato oa ho qetela, 'me e lokela ho sebelisa matla a sa tloleng meeli ka hohle kamoo ho ka khonehang. Seo eleng sa mantlha ka taba ena ke hore LDF e ka sebelisoa litabeng tsa ts'ireletso ka hare ho naha. Ka ho ikhetha polokong ea molao le khotso e leng seo eleng boikarabelo boo e ka bo jarisanang le sepolesa.

Ntlha ea bobeli ke hoba le tsela e hlakileng ea molao eo LDF e sebetsang tlaasa 'ona. Seo se akaretsa ho jara boikarabelo lintlheng tse amang molao. Sena se boetse se bonts'a hore Lesotho, ka mohlomong ho akaretsa le linaha tse ling, lesole le busoa le ho laoloa ke molao oa naha ea habo lona le ea machaba - e seng molaoli oa lona le ha ele 'musi oa lona. Lesole le lokela ho ts'epahalla ts'ebetso ea lona, molaoli kapa 'musi, empa bao bohle ha e-ea lokela hoba beng ba lona hohle-hohle. Ha ho ea lokelang hoba ka holimo ho molao.

Taolo ea mebuso e khethiloeng

Ntlheng ena ea taolo ea sepolotiki mabothong a hlometseng maemong 'ohle e lokela hoba tlaasa boholo bo hlakileng ba puso e khethiloeng ka moalo. Seo e ka ka se bobebe, empa ho se phethahatsa maemong a thata ho hloka hloka kutloisiso le kelo-hloko e kholo.

Lichabeng tse busoang ka puso ea sechaba ka sechaba, mabotho a hlometseng ka nepo a ts'epahalla Hlooho ea naha joaloka ele sekhurumetso sa sechaba. Leha ho le joalo Hlooho ea Naha e ke ke e e-ba boemong ba ho phetha ts'ebetso tsohle tsa 'muso e le inots'i, ho lokela hore ho be le motho ea eo sechaba, paramente le mabotho a hlometseng ka bo-oona a lokelang ho nka boikarabelo bohle ba ts'ireletso.

Ke ka hona ho nang le phapang lipakeng tsa mebuso e mecha ea puso ea sechaba ka sechaba le ea khale kamoo mebuso e khethiloeng e kenang ka teng litabeng tsa ts'ireletso. Phapang ena e bonts'a meralo e fapakaneng ea melao-theo, mekhoha le litloaelo lipolotiking. Ke linaheng tseo paramente e kenang litabeng tse amang poloko ea khotso sechabeng mabotho a hlometseng a lokelang hoba le ts'epo ho boetapele ba 'ona ba sepolotiki. Mona ho hloka hloka boetapele bo hlaketsoeng ke mokhoa oa phethahatsa ea boikarabelo ba bona tlaasa lipallo tseo ba lokelang

ho sebetsa tlaasa tsona.

Ho nka karolo litabeng tsa lipolotiki.

Lesotho mona ho nka karolo ha litho tsa sesole lipolotiking tsa mekha ke ntho e thibetsoeng ka hohle-hohle. Se lumellehang feela ke hore lesole le ka khetha mokha oa boikhethelo ba lona likhethong tsa naha. Empa haeba lesole le nka qeto ea ho emela likhetho hore le kene paramenteng; le lokela ho itokolla ts'ebetsong hang-hang. E boetse ke tlolo e mpe ea molao oa tsamaiso hore lesole le hlalise maikutlo a lona phatlalatsa ka litaba tse tebileng tsa lipolotiki tsa mekha ele ka mokhoa oa ho bonts'a ts'ekamelo ho o mong oa mekha e joalo.

Boithompho bo ka hare.

Ke tabatabelo ea sechaba sena ho bona boiphihlelo bo le teng mabothong a hlometseng a naha ena; empa ho lokela hore ho eloe hloko lintlha tsena tse latelang: Ntlha ea pele, ke kutloisiso eo mabotho a hlometseng a lokelang hoba le eona kamanong le sechaba seo a se sebeletsang ka kakaretso. Ea bobeli ke kamoo mabotho ka bo-oona a hlophisitsoeng ka teng, boitoloko ba 'ona mabapi le t'sebeletso eo a fanang ka eona sechabeng.

Ho lokela hore ho tsitlalleloe hore ho nkoa mehato ea ho bona hore setho ka seng sa mabotho a hlometseng se utloisisa ka botebo seo sechaba seo a se sebeletsang se leng sona, tsela ea molao o busang motho ka mong le seo a se etsang, boikarabelo boo a bo jarang le bookameli bo khethiloeng ke sechaba hammoho le balaoli ba mabotho moo ba ikarabellang teng.

Seabo sa sechaba kakaretso.

Mabotho a hlometseng a lokela hoba le kutloisiso le tlhompho sechabeng seo a sebetsang ka hara sona. Empa le sechaba le sona se ntse se e-na le boikarabelo bo joalo ho mabotho a hlometseng.

Ho etsa bonnete ba hore mabotho a hlometseng a fana ka ts'ireletso ea boemo bo ntlafetseng a sa tlole meeli ea t'sebetso ea ona, sechaba se loketse ho utloisisa le ho a hlonepha. Litho tsa mabotho a hlometseng li itlamme ho loanela sechaba ho isa boemong ba ha seo se ka bolela le ho lahlehela ke maphelo molemong oa sechaba.

Sechaba sa habo rona se lokela ho amohela litla-morao tsa ts'ebetso ea sesole ke hona. Batho ba lokela ho boela ba amohele likhaello tsa botho maemong a itseng joaloka ts'ebeliso ea molao lithupellong le tse ling tse joalo.

Hona le polelo e reng "lesole la sebele ke mosebeletsi e seng mohatelli". Kaofela re batla ho thibela khatello le hona ho nka mehato khahlanong le eona. Ka ho t'soana re hloka ts'ebeletso eo, 'me lithophiso li loketse hore ebe tse amohelehang. ■



Lenka Sello

Maikutlo a ka holima kutloisiso ea molao

Knahana hore joale ke nako ea hore ke hlalose hore na ba re bua ka 'muso re bolelang eleng se tla re tlisa tabeng ea hore na litlolo tsa molao tse khahlanong le naha ekasitana le 'tsetiso ea ho phethahatsa toka li ka hlanakoa ka tsela efeng.

Le tla lumellana le 'na hore ha se ha bonolo motho a ka utloisisang se tla tsoaloe ke seo a se loanelang pele a ka utloisisa hore na o tseka eng. Haele hantle ha ke eso kholisehe hore lichaba tsa linaha tse ntseng li hola li na le kutloisiso ea se lebeletsoeng ho tsona joaloka linaha tse ipusang.

E le mokhoa oa ho qoba ho haha ntlohali e majaba-jaba holima lelabathe kappa holima lona letsopa ho molemo hore re qale ka ho fuputsa ekasitana le hona ho utloisisa hore na naha ke eng ele hore tlhaloso ea 'muso e tle e re hlakele hantle.

Seo re thulanang le sona hangata linaheng tsena tse holing se shebahala se le khahlanong haholo le taba ena eo ke lekang ho e hlalosa ea hore naha e khona ho tsitsa ha feela 'muso o litulong ka baphethahatsi le basireletsi ba ona ba molao ba ena le chebelo pele.

Ke qholotsoa ke taba ea hore linaheng tsena tse ke buang ka tsona ho etsahala litlolo tsa molao tseo boholo ba tsona li leng khahlanong le naha ka bo eona. Ha re etse mohlala ka teko ea ho phethola 'muso. Ke taba e tsebahalang hore lilemong tse mashome a mabeli tse felileng mona Africa esale mebuso e ketoloe ka likhoka.

U tla mpoella haeba kea fosa ha ke re ho liha 'muso ka likhoka hangata

U tla mpoella haeba kea fosa ha ke re ho liha 'muso ka likhoka hangata ke ka lebaka la bofuma, tlala, bobolu le ho fumantsoa mesebetsi ka se malome.

ke ka lebaka la bofuma, tlala, bobolu le ho fumantsoa mesebetsi ka se malome. Haele hantle mehlala ea bothata bona e mengata bona boo ka e ka thibang letsatsi.

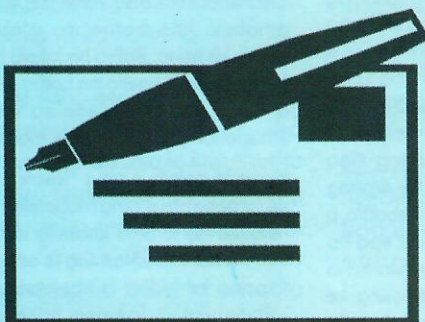
Ha re bua ka ho ketola 'muso seo re hlileng re se hlalolang ke t'sebeliso ea likhoka ho tlosa ba pusong le ba e sirelelitseng tlasa molao oa motheo oa naha, 'me hangata tsena li phethahatsoa ke ba ka tlaase taolong. U se leke oa nkhangyetsa hore Lesotho ha se mokhelo litabeng tsena.

Haeba motho a ne a ka pharalla ho feta mona re re re tla iphumana re bua ka lintho tse kang lipuo tse mona tse hlohloletsang sechaba hore se futuhele babusi kappa hona ho tsoara moruo oa naha ka koenya. Ke mona moo mebuso e qetellang e theha likomisi tsena tse sekete tsa lipatlisiso meferefereng e etsahetseng, ebe joale moruo oa nyotobela kaha li hloka chelete e t'sosang.

Sena se re tlisa tabeng ea boikarabello ba basireletsi ba molao ba ho sebetsa ka boiphihlelo. Ke 'nete hore ho na le lit'sita tse ngata phethahatsong ea t'sebetso ea bona, empa joale sena se ka se sebelisoa e le lebaka la hore ba tlole molao. Mona teng ke qholotsa motho e mong!

Hona le mantsoe a mang a reng re lokela ho etsa seo re se rutang batho ba bang. 'Me haeba baphethahatsi le basireletsi ba rona ba molao efela e le mehlala e metle, ha ke fumane lebaka la hore Basotho ba ka sitoa ho hlompha naha le melao ee busang.

Ke hona re qalang lipuisano tsa rona. Ke tla boea sekoele..... ■



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Kea Tsotella - Uena?

"Loantša AIDS, e seng batho ba nang le tšoaetso" kapa "Haeba u nahana hore condom e robotsa moshanyana- LEKA AIDS".

Ka Ingo Seifert

Kea tsotella – uena? Lena ke lepetjo la selemo sena la sehopotso sa letsatsi la lefu la mokakallane oa setla bocha. Ka lilemo tse leshome tse fetileng lefat'se esale le ketekela letsatsi la lefu lena ka khoeli ea T'sitoe la pele.

Selimo ka seng se bile le lepetjo the ka ha ka 2000 lepetjo e bile "Banna ba ka tlisa phetoho" ha ka 1999 e ne ele "Mamela, ithute me u phele"

Lesotho mona re ketekela letsatsi lena khafetsa, ngoahola ketekelo e ne e t'soaretsoe Mokhotlong ha monongoaha e bile Leribe. Ka lilemo tsohle Mokete oa sehlooho o etsetsoa seterekeng se fapaneng 'm'e mohlophisi Tona kholo o hlohonolofatsa t'sebeletso e joalo.

Lekhetlo la pele, monongoaha mokhatlo o tsoa theoa oa (Lesotho AIDS Prevention Co-ordination Authority)LAPCA o laoloa ofising ea Tona-Kholo, 'me o eteletse-pele ho hlophisa liketelo tse 'maloa ho phatlalla le naha.

Motsotso oa boikhutso sebakeng sa batho bohle ba anngoeng kapa ba amehileng ke bohloko bona bo tla etsoa ka la bohloko la 30 Pulungoana monongoaha, bo lateloe ke thapelo le t'sebeletso ea ho bonesa (lirumula) mabone.

Batho bohle ba phelang Lesotho ba khothaletsoa ho kenya letsoho me re lebeletse hore ketekelo ena ea mafapha a mangata e tla tsoela-pele ho fetola boit'soaro ba Basotho e le ho thibela ho ata ha HIV/AIDS le ho amohela batho ba nag le t'soaetso ea lefu lena.

Kaparo ea lelente la AIDS le nang le molaetsa Kea tsotella-Uena.Ke bopipiletso ho batho bohle ho hlokomela botho ba phelang le HIV/AIDS .Ho iphapanyetso le ho nena batho bana,ho khanela botebong bo fokolisang le hofa matla



Mong Ingo Seifert . Molula setulo oa Positive Action Lesotho.

kokoana-hloko ena e khopo.Re ka bapisa tsenyo e bakoang ke HIV/AIDS le ntoa ea bokholumolumo.Sera ha sebonahale 'me se se ipatile hohle,ka ho khetheha moo re sa se lebellang.Hoa rona ke hore kamehla re be hlokolosi e se re ra hlaseloa ka ha bohle e ka ba liphofu tsa sera.Likhoroana tsa ho hlasela ke tsena;

- Thobalano e sa tsireletseheng le batho ba bangata.
- Ho 'm'a ho ea leseeng le hlahang.
- Ho arolelana mahare leborashe ba meno.[etsa bonnete ba hore mafung ha le arolelane mahare].
- Kotsing ea koloi.
- Lintoeng tsa seterateng.
- Ho thusa motho ea nang le t'oaetso o sa roala litsireletso.
- Phanong ea mali.
- Le ka litsela tseling moo mali,mali a botona kapa maro a tsoang botsehaling ba mosali a ka kenellang phallong ea mali.

Ha hona motho ea lokelang ho

tsoaetsoa ke kokoana-mahloko ea HIV,'me tokelo ea rona ho hlokomela ba tsoaelitsoeng le ho thusa malapa a phelang le batho ba HIV.

Ka metsotso e meng le e meng e 8, kae kae Africa mona, hona le motho ea t'soaetsoang ke kokoana-hloko ea HIV. Metsotso e meng le e meng e 13 hona le motho ea shoang Africa ke lefu le amanang le AIDS ho fihlela ha kajeno batho ba milione li 20 ba shoele Africa ke AIDS ka nako ea lilemo tse 20. 'Me bana ke batho ba fetang batho ba Lesotho ha leshome.

Ha lefat'se lohle le rerile ho loant'sa bokhukhuni bo simolotseng Afghanistan, rona re ke re etseng boinehelo ba ho loant'sa HIV/AIDS mona Lesotho ka libetsa tsohle tseo re nang le tsona pele e re fenyha.

Batho ba mashome a mabeli a metso e mehlano lekholong mona Lesotho e se e ntse ele liphofu tsa sera sena se sa bonoeng HIV/AIDS. Lihlomo tsa sona li khopo 'me ha li t'soarele, 'me li hlaloseha hantle thothokisong ea Thabiso moo a reng:-

Sena ke eng joale?

Se ngoapang lefat'se ka mabitla A barui le mafutsana, ruri bacha le maqheku.

Se etsang banna ho beta bana ba senang molato.

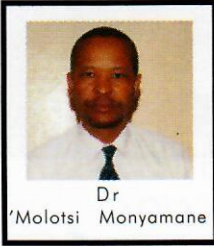
Se hatsatsang lipelo tsa batsoali. Se hlofatsa moruo oa sechaba.

Se sesetsa batho ka mafu a sa bonoeng .

Ho se pheko e tsejoang.

Keletso ea molato oa sebe?

SENA, MOTSOALLE, KE AIDS. ■



Dr
'Molotsi Monyamane

Lefuba

Lefuba ke eng? - Ke lefu le bakoang ke kokoanahloko e bitsoang Mycobacterium Tuberculosis. Lefuba le ama mat'soafo haholo, le baka serame sa mat'soafo (Pneumonia), mat'soafo a qetelle a senyehile. Lefuba le ka ama litho tse ling tsa 'mele ha le joalo ke mali. Litho tse na e ka ba tse latelang: boko, lera la boko, liphieo, mala, manonyeletso, masapo, 'moko, lebete, sebete.

Lefuba le t'soaetsanoa ho tloha mothong ho ea ho e mong empa batho ba ka le fumana ho tloha ho likhomo, empa mokhoa ona ha oa ata haholo ka lebaka la mat'solo a kentelo ea liphoofole le mekhoha ea ho pheha lebesa pele le rekisetsoa sechaba.

Sebopeho sa Lefuba

Lefuba le ile la fokotseha lilemong tsa bo 1970's ka lebaka la katleho ea kentelo ea BCG le lithare tse phekolang bakuli, le batho ba hahlametsoeng ke lefu ba sebetsanang le bakuli.

Lefuba le eketsehile haholo lilemong tse na ka lebaka la HIV/AIDS hobane mafu ana a fokolisana masole a 'mele joale ele ho imeloa ho itoanela le ha o thusoa ka lithare.

Batho ba kotsing ea lefuba

- batho ba phelang libakeng tse khobokaneng.
- Basebetsi ba lipetlele.
- Batho ba nang le lefu la HIV/AIDS.
- Bana ba anyesoang ke bo 'm'e ba nang le lefuba.

Lefuba le t'soaetsanoa joang?

- Kokoana-hloko e fumaneha moeng e jaloa ke bakuli ha ba khohlela kapa ba t'soella fat'se. Kokoana-hloko e kena ka mat'soafong a motho ea haufi le mokuli.

Mat'soafo

- Sefuba se nka khoeli mokuli a sa fole empa a noa lithare tsa ngakeng.
- Ho lahlehela ke 'mele.
- Ho chesa le ho fufuleloa haholo bosiu.
- Likhohlela tse tsoakileng le bofubelu.

Lipatlisiso

1. Kokoana-hloko e fumaneha linthong tse latelang.

- Likhohlela
- Mosese
- Mantle
- Lero le ka mpong
- Lero la mokola

2. Seipone

3. Mali

Ho fihlela qeto ea hore lefuba le teng ho shejoea lipatlisiso le ho hlahloba mokuli.

Pheko

Lefuba le phekoloe ka lipilisi tse fumanehang MAHALA litsing tsohle tsa bophelo ba 'muso.

- Mefuta e mene e noang ka likhoeli tse 'ne me ho tsoeloe pele ka mefuta e 'meli likheli tse 'ne tse hlahlamang.

Libeke tse peli li hloka hore mokuli a seke a kopana le batho ba bang ho fokotsa t'soaetsano ea lefu lena.

Kaha lefuba le tsamaisoa ke kokoana e qotsang botle, ho hloka hahala mamello le sepheo hore mokuli a tle a noe lipilisi likhoeli tse TS'ELETSENG.

- ISONIAZIO/RIFAMPISIN
- ETHAMBUTOL
- PYRAZINAMIDE

Likhoeli tse peli mokuli a noesoa ke mooki kapa motho ea lulang le eena 'me a saena ka bukaneng ea bophelo.

ISONIAZIO/RIFAMPIUN.

Likhoeli tse 'ne mokuli a inoesa lipilisi.

Ho hloka hahala ho ea kliniking e haufi khoeli e nngoe le e nngoe ho bona ngaka le ho tisa likhohlela le seipone hore li tlo hlahlojoa. Mokuli le eena o behoa sekaleng hobane tsoelo-pele ea meriana.

Thibelo ea Lefuba.

- Ho aroloa ha bakuli beke tse peli ha ba ntse ba noa lipilisi pele ba ka khetheloa mesebetsing kapa ba lokolloa sepetlele.
- Bakuli ba behe letsoho molomong ha ba khohlela. Ha ba t'soella fat'se koaela ka mobu.
- Ho hlahloba batho ba lulang kapa ba sebetsang le mokuli ho sheba hore na ha ba ea ts'oaetsoa.
- Ho tleleha lefu la lefuba lekaleng la bophelo.
- Ho enta masea ka BCG ele ho ba sireletsa khahlanong le TB.
- Ho entela likhomo BCG ho belisa lebesa pele le sebelisoa.
- Ho khothaletsa bakuli ho qeta lipilisi tsa bona le ha ba utloa eka ba phela.

TB e eketsehile, e ea pheko leha empa e ea bolaea ha u sa noe lithare, MAHALA. ■

Matsatsi a 16 a toant'so ea khatello ea tekatekano

Re ipiletsa ke hona ho Basotho bohle ho kenya letsoho toantsong ea HIV/AIDS ka ho loants'a tthekefetso.

Selemo le selemo lefatse ka mekhatlo ea basali le ts'oa ea matsatsi a (16) leshome le metso e ts'eletseng a toants'o ea tthekefetso ea Basali. Lefatse le falimehetse le ho tsoa lets'olo ho hopola, ho ipiletsa le ho loantsa tthekefetso ho basali.

Ho rona Lesotho mona, re le mekhatlo le mafapa a 'muso a sebetsanang le litokelo tsa botho le litaba tsa teka-tekano, re fumana thoholeto ena ea selemo sena e le ea bohlokoa hobane re liela selemo sa 2001 se eang pheletsong re ntse re le kolueng ea HIV/AIDS. Re le Basotho, re sitoa ho iphanyetsa 'nete ea hore boholo ba ts'oaetso ena bo fitisoa ka tthekefetso ea thobalano.

Re ipiletsa ke hona ho Basotho bohle ho kenya letsoho toantsong ea HIV/AIDS ka ho loants'a tthekefetso.

Re le Basotho ba boithatelo bo botle, re sheba ka ts'oabo le ts'iamo le pelo tlhomohi hore tthekefetso ea basali e ntse e ja setsi, e ea ngatafala Lesotho mona, tikolohong ea SADC le lefats'eng ka ho otloloha.

Re tso'ela ka mathe tthekefetso ea basali le bana hobane, ke khatello e ts'abehang ea litokelo tsa mantlha tsa botho. Re thoholetsa ka hona tona-kholo ele hloho ea 'muso ka ho tekana le ho tlama Lesotho (ele karolo ea SADC) hore ele naha, le tla etsa mekutu eohle ea ho loants'a, ho ripitla le ho felisa tthekefetso ho basali le bana. Tthekefetso ho Basali e hlokisa sechaba sa Basotho bokamoso.

Tthekefetso ho basali



Ka Keiso Matashane-Marite (Mohokahanyi oa naha litabeng tsa molao tse amang bo-'m'e).

e nka libopeho tse latelang;

Likhoka, lifeisi; tthekefetso moeeng e le ho tingoa tlhokomelo le bophelo bo botle tthekefetso ea mantsoe, likobiso le likharametso.

Tthekefetso ea likhoka ke eo boholo ba batho ba e bonang, 'me e akha ho khakhathoa, ho betoa, lipolao joalo joalo.. Re hlokomelisa sechaba hore tthekefetso ena eka etsahala malapeng le ka ntle ho malapa. Ka bomalimabe, lelapa e leng lona leo re le tsèpsetseng ho sireletsa litho tsa lona, ke lona le ka sehlohong ho hlekefetsa basali le bana.

Re ipiletsa ke hona hore ka matsatsi ana a 16 a toants'o ea tthekefetso ho basali le bana re feng basali le bana bolokolohi ba ho phela ba sa ts'abe ho hema, ho bua, ho tsamaea le ho ntsà maikutlo a bona. Bomme ba se ke ba fuoa moroalo oa ho fetola meetlo le litloaelo tsa Basotho tse ba beeang ka mosing ba le bang empa re le Basotho re ts'oanetse ka tieo ho etsa liphetofo 'moho.

Re inahaneng hore na Lesotho le senang basali na ke naha? Na lefats'e le senang basali ke lefats'e na? Re ipiletsa ke hona hore re ts'oaraneng ka matsoho matsatsing ana a 16 ho loants'a tthekefetso ka mekhona eohle ea eona ho basali le bana. A re ke re keneng selemong se secha sa 2002 ka moea o mocha. ■

**Tthekefetso
ea likhoka ke
eo boholo ba
batho ba e
bonang, 'me e
akha ho
khakhathoa,
ho betoa,
lipolao joalo
joalo..**

LITŠOANTŠO TS



Ngaka(Dr) Innocent Igwe o fana ka puo ha ho koaloa thupelo ea lefu la mokakallane oa setla-bocha (HIV/AIDS) sepetleng sa sesole Makoanyane. Pic:- Pte M Maputla



Setho sa leboho le ikhethang la sesole sa Lesotho (commando) se itokisetsa ho theoha ka khoele lilomong tsa motebo oa sesole Makoanyane Pic:- Pte M Mathaba



Sehlopha se hapetseng Lesotho Likhau tsa khauta le silifera ha ba le Netherlands. Ho tloha ho le letona ho isa ho le let'sehali: Likeleli Thamae, Col M Lefosa le Pte 'Masechocha Thamae. Ba emeng: left to right: Ptes Mokete Mokhosi, Poloko Ntulo, Mary Lemphane, Puleng Lala le Phatoli Mahau. Pic:- Pte Nako Hokinyana



Litho tsa leboho le ikhethang la sesole sa Lesotho li palame mofuta oa sepalangoang sa tšebetso ea tsona ha li ntse li le koetli song motebong oa sesole Makoanyane Pic:- Pte M Maputla



Molaoli oa sesole sa moeeng sa Lesotho Brig E T Motayane o nehelana ka lengolo la ho feta lithupelo ho tsa poloko le theko ea thepa ho Maj M Mosoatsi motebong oa sesole Makoanyane . Pic:- L/Cpl P R



Litho tsa leboho le ikhethang (commandos) li lutse kahar'a seroala-nghoana se itokisetsang ho phahama nakong ea koetliso ea bona Pic:- Pte R Mathaba

A LIKETSALHALO



aj S Rawat oa bakoetlisi ba sesole sa India o bontša Mookameli oa sesole sa Lesotho Lt Gen A M Mosakeng lipontšuo tse entsoeng ke masole a Lesotho a tsa mahlale nakong ea thupelo ea bakoetlisi ho tsa mahlale ha Ratjomose, Maseru. Pic:- Pte M Maputla



"Kaofela re chabana sa khomo" Ke ba bang ba bahlophisi ba Morija Arts & Cultural Festival ba bonoa ba apere bosehchaba moketeng oo oa selemo le selemo. (ho tloha leqeleng) ke: Masingoaneng Chele, 'Mathabo Mphako le 'Manti Makhabane. Pic:- Pte T Toai



Mookameli oa sesole sa Lesotho Lt Gen A M Mosakeng o amohela sefofane sa moets'o oa CASA 212-400 boema fofane ba sesole ba Mejametalana ka Mphalane selemong se holimo. Pic:- Pte M Maputla



Ha ho ne ho buloa ka molao 'mila oa Mpilo Boulevard, sesole sa Lesotho se ne se memiloe ho etsa lipontšo tsa thepa ea sona joaloka makala a 'maloa a muso ho tlotlisa mokete oo. Pic:- Pte T Toai



Sesole sa Lesotho sa moeeng se etsa lithuso nakong ea likoluo tse kang ho khethela ho boima hoa lehloa maloting a Lesotho. Pic:- Pte R Mathaba



Ba inkang setšoantšo haufi le sefofane se secha sa sesole sa Lesotho ho tloha leqeleng: Mookameli oa sesole sa Lesotho Lt Gen A M Mosakeng, Moemeli oa naha ea Spain Lesotho, Mong M A Mazambroz, Letona la Lesotho Machabeng Mong T M Thabane, Mof Mazambroz le Mongoli e Mo holo oa Tšireletso Mong M Mohafa. Pic:- Pte M Maputla

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Lihotele tsena ka bobeli li nka monyetla ona ho thabela lelapa
la Botlotlehi le basotho ka kakaretso.

Khosatsana Senate a holele Basotho.

**“Ha a hole Khosatsana Senate,
ha a hole!”**

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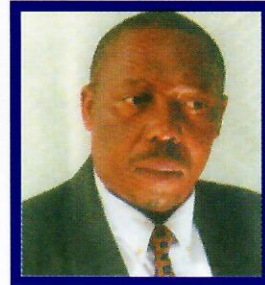
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- RE FANA KA KOETLISO LE LITHUPELO TSA MESEBETSI E BONT'SITSOENG.

RAOHANG BANNA LE BASALI E FUMANEHA MOAHONG OA MOKHATLO MABAPI LE CHANKANA EA QACHA'S NEK.

HO TSEBA HAHOLO KA MOKHATLO ONA KOPANA LE 'MAMOLEFE NTHABANE (MOLULA-SETULO) KAPA MALITLALLO QHOLA (MOT'SOARI OA MATLOTLO) KAPA 'MAMORAPELI LETUMANYANE (MONGOLI).

U KA RE NGOLLA ATERESEN ENA:

RAOHANG BANNA LE BASALI
P.O. BOX 38
QACHA'S NEK

TEL: +266 - 950435

RE ETELE U KHOLE TSE MOLEMO!!!



NATIONAL HIV/AIDS PREVENTION, CARE AND CONTROL PROGRAMME

**TSEBA HAHOLOANYANE KA SEOA SA HIV/AIDS LE SE
ETSOANG KE 'MUSO LE MEKHATLO E IKEMETSENG
TOANT'SONG EA LEFU LENA LE LITLA MORAO TSA
LONA.**

**LET'SOELE LE BETA POHO, KAHOO HLOKOMELA
HORE:**

- Ho hlakisa le ho lumellana ho bebofatsa litloaelo tse bakang ho ata ha t'soetso.
- Ho tseba ka lefu la HIV/AIDS ha ho ea lekana. Ho hlokahala hore ho fetohle le boit'soaro ntlheng ea ho qoba ho ata ha seoa sena.
- Ho hlokahala hore ho loant'soe tlala ka mekhoha eohle e teng meralong ea 'muso le batho ba re thusang toant'song ea eona.
- Hofihlela haufinyane toant'so ea HIV/AIDS e ne e sheba feela litaba tse amanang le bophelo ba motho liketsahalong tsa t'soatsano ka mafu a likobo. Ho feta mona lithuto li bont'sa feeela hore HIV/AIDS li bakela motho phokolo ea masole a 'mele, ebe o kenelloa ke mafu a kang lefuba le nyomonina.
- Kahoo ithute hore ha re bua ka HIV/AIDS re lokela ho kenyelletsa thupelo ea hore bacha ba tlameha ho ila thobalano le kopanelo ea likobo pele ho lenyalo.

BOITLHAHLOBO:

- Ho bonahetse hore t'sebeliso ea likhohlopo e thusitse haholo toant'song ea HIV le AIDS, mehlala ke linaha tsa Uganda, Senekane le Thailand.
- Ha re khothaletseng mekhoha ea thupelo ea thaka-hothaka e le hore re lule re phutholohile ho bua ka HIV/AIDS hara methaka le methepa.
- Ho akofisa mekhoha le meetlo ea rona ho ka boetse ha kenya

Cont. on pg 33

letsoho boit'soamong ba rona re le sechaba ka kakaretso.

- Ha re hopoleng hore HIV/AIDS ha e khethe morui, mofutsana kapa 'mala oa motho.

SE BAKANG LE HO ATISA HIV/AIDS:

- Tlala
- Tlhokahalo ea mesebetsi
- Ho hloka mekhoha ea ho iphumanela chelete
- Mathata a bakoang ke lipolotiki
- Tahi le t'sebeliso e mpe ea lithethefatsi
- Ho hloka mekhoha e metle ea teka-tekana ea ba batona le ba bat'sehali
- Peto
- Mekhoha e tloaelehileng libakeng tse ngata ea kenelo ea basali le ho ikhapela thepa ea bona ha banna ba bona ba hlokahala.

Tsohang ke hona Basotho, khaitsetsi tsa Moshoeshoe re loant'seng kholumo-lumo ena.

Tlosa sekhobo le ho khesa batho ba t'soeroeng ke HIV/AIDS. HIV/AIDS ke ngoetsi ea malapa ohle.

MAJA TLHAPI A RE: "IF YOU ARE NOT INFECTED", YOU ARE AFFECTED. HONA HO BOLELA HORE HA U SE NA T'SOAETSO, U A AMEHA!

For further information please contact:

Nthabiseng Elizabeth Mabitle – Manager

**National HIV/AIDS Prevention,
Care and Control Programme**

P.O. Box 514, Maseru 100
Lesotho



Tel: (09266) 322180
Fax: (09266) 323010



SCHOOL SUPPLY UNIT

Ministry of Education, Manpower Development and Training
P. O. Box 1279, Maseru 100 Lesotho



TENDER NOTICE

Ref: SSU/EQP/2

22nd October, 2001

Invitation to tender for the supply of science chemicals and equipment.

Suppliers are hereby invited to submit quotations for supply of **science chemicals and equipment** for the School Supply Unit, Ministry of Education. Lists of required materials can be picked up, or faxed on request, from the office of **The Manager, School Supply Unit, P.O. Box 1279 MASERU 100; Telephone (09266) 310516**. Quotations must be made against the **specified units** in the lists.

Delivery of goods is to be made at the School Supply Unit Warehouse situated at site No. 130, Moshoeshoe Road next to Lerotholi Polytechnic and NCDC.

Quotations indicating time of delivery after awarding of contract, must be submitted in sealed envelopes clearly marked **TENDER FOR SUPPLY OF SCIENCE CHEMICALS AND EQUIPMENT FOR SSU**". "TENDER NO. SSU/EQP/2", "DUE ON NOVEMBER 27TH AT 1400HRS" addressed to:

**THE SECRETARY
CENTRAL TENDER BOARD
P.O. BOX 395
MASERU 100**

All tenders must be delivered at the office of the "Secretary, Central Tender Board", Ministry of Finance, **new government complex corner high court and kingsway road** before the closing date (27th November) and time (1400hrs).

Tenders must submit proof of documents which show that they comply with income tax and sales tax regulations of Lesotho.

Contracts will be awarded approximately two weeks from the closing date. Suppliers may be required to show evidence of their capacity to supply.

All potential suppliers are advised to note that suppliers to lesotho Government are expected to be in compliance with their tax obligations. to prove compliance, they should attach certified copies of testimonials/certificate from the department of Income Tax and Sales Tax.

T. Mabatla

**T. MABATLA (MR)
SECRETARY, CENTRAL TENDER BOARD**



QUALIFICATION IN CRITICAL CARE NURSING (GENERAL)



UNIVERSITY OF
THE ORANGE FREE STATE
FACULTY OF HEALTH SCIENCES
SCHOOL OF NURSING
1969 - 1999

AIM OF SPECIALITY COURSE

The one-year programme in General Critical Care enriches the Registered Nurse with advanced clinical and technological skills to function as a clinical Nurse specialist within the environment of a critical care unit. This advanced nursing will take place within the scope of professional ethical norms and legality.

The practical part of the diploma in critical care nursing has been developed to equip the critical care nurse with critical care related skills to enable him/her to take legal responsibility and to deliver reliable and safe nursing care in the critical care unit.

ADMISSION REQUIREMENTS

Local applicants

Genetic degree or diploma in nursing and registration with the SA Nursing Council as a general nurse.

At least six months experience as a registered nurse in any type of critical care unit (not synonymous with high care) are recommended.

If these admission requirements cannot be met, students may apply on the grounds of previous experience and prior learning. The UOFS reserves the right to request or obtain information before admission or during training in order to determine where students are adequately equipped to meet the demands of the program.

Foreign applicants

The requirements above apply, except that applicants must apply in advance to the SA Nursing Council for temporary registration...

DURATION OF COURSE

The course extends over one academic year equal to 44 weeks. The minimum duration is two semesters. After completing 130 credits the student will be awarded the Advanced University Diploma in Critical Care Nursing and registration with the SA Nursing Council.

During the course of the programme proof must be provided of practical working experience of at least 960 hours in a variety of critical care units as identified by the course coordinator.

CONTACT SESSIONS

Orientation

First Friday in February

Fundamental modules

All the fundamental modules will be presented on five Wednesdays during the first semester.

Core modules

Every Wednesday during UOFS semesters, starting the third week of January. If the fundamental modules take up Wednesdays, contact sessions for core modules will take place on Fridays.

TEACHING AND LEARNING METHODS

Workshops will be held on the different practical skills.

A workplace will be filled in, as proof of the skills the student mastered in the presence of a registered ICP nurse.

Students will present a case in each unit in which they work.

CENTRES

The various centres where specialised courses will be presented, are indicated in the general information brochure.

Enquiries can be directed to Dr Paula du Rand, Tel (051) 4012407

MODULES AND THEMES

Fundamental modules

Health Care Management (GSB 110)

15 credits.

Pharmacology (FRM 110) 25 credits.

Ethos and Professional Practice (PPV 120)

10 credits.

Health Care and the Law (GRV 120) 10 credits.

Core Modules

Critical Care Nursing I (KSV 110) 70 credits.

Critical Care Nursing II (KSV 120) 25 credits.

Critical Care Nursing (KSP 100) 20 credits.

Themes

First Semester

Health Care Management I (GSB110)

Management process (Planning, organisation, leadership, control).

Introduction to financial management.

National health management structures.

Human right and their impact on health.

Safeguarding the patients environment.

Communication skills.

Pharmacology I (FRM 110)

Introduction to pharmacology and dispensing.

Types of medication.

Critical Care Nursing I (KSV 110)
General critical care, respiratory care,
Cardiology and cardiothorax nursing.

Second semester

Ethos and professional practice of nursing (PPV 120)

History and future expectations of the profession.

Professionalisation and role socialization.

Ethical and contemporary questions.

Statutory bodies.

Professional associations/trade unions.

Application of a theory of nursing.

Health Care and the Law (GRV 120)

Common, statutory, private and formal law

The South African legal system and legislation.

The contractual relationship between nurse and patient.

Consent to treatment/negligent malpractice.

Violation of a patients right to privacy.

The nurse as an expert witness in court

Euthanasia

Sex change operations

Child molestation

The nurse, patient and AIDS

Medical records

Termination

Liability

Medicines/examinations/prescriptions

Blood

Critical Care Nursing Practical (KSP 100)

Extends over a period of a year.

The relevant practical is included in each of the above modules.

For the period of the academic year (48 weeks, starting at the beginning of February and ending at the end of December) students will be rotated in the following critical care units, where they will work 32 hours/week.

Multidisciplinary, coronary care, coronary angiography, surgical, neurosurgical, cardiothoracic, operating theatre, trauma, renal unit.

APPLICATIONS

Apply before 15 December to:

The Registrar: Academic

P.O. Box 339

UOFS

BLOEMFONTEIN

ENQUIRIES

Dr Paula du Rand (Programme Director)

Tel: (051) 4012407

Ms Himine Bothma (Course Coordinator)

Tel: 051-4012914 (W) or 051-4463362 (h)

Ms Pam Botha (secretary)

Tel: (051) 4012967 (W).

QUALIFICATION IN CRITICAL CARE NURSING (GENERAL)



UNIVERSITY OF
THE ORANGE FREE STATE
FACULTY OF HEALTH SCIENCES
SCHOOL OF NURSING
1969 – 1999

AIM OF SPECIALITY COURSE

To prepare specialist nurses in Community Health Nursing as professional experts, facilitators of research, preceptors to other health workers as well as managers.

ADMISSION REQUIREMENTS

Registration with the SA Nursing Council as a General Nurse.

Foreign applicants must apply in advance to the SANC for temporary registration.

If you do not meet the admission requirements of the University of the Orange Free State, you may apply on the grounds of previous experience. However, the UOFS reserves the right to request or obtain information before the student is admitted or during the programme, to determine whether he/she is adequately equipped to meet the demands of the programme.

DURATION OF COURSE

A degree may be obtained in a minimum of three years, while the qualification in community nursing may be earned after successful completion of one year.

CONTACT SESSIONS

Orientation takes place on the first Friday in February. All the fundamental subjects are offered on 5 Wednesdays per semester.

Core modules are presented on Fridays from 08:30 – 16:00. You will be provided with a programme.

TEACHING AND LEARNING METHODS.

Lecture method, group work, self study and seminars.

CENTRES

The various centres where specialised course will be presented, are indicated in the general information brochure.

Enquiries can be directed to Dr Paula du Rand, Tel (051) 4012407.

MODULES AND THEMES

This area of specialisation comprises the following modules:

Fundamental modules

Health Care Management (GSB 110) 15 credits.
Pharmacology (FRM 110) 25 credits.
Ethos and professional Practice (PPV 120) 10 credits.
Health Care and the Law (GRV 120) 10 credits.

Core modules

Community Nursing I (GMV 110) 20 credits.
Community Nursing II (GMV 110) 20 credits.
Community Nursing Practical (GMP 100) 20 credits.

First Semester

Health Care Management (GSB 110)

Management process (planning, organising, leadership, control).
Introduction to financial management
National health management structures
Human right and their impact on health
Safeguarding the patient's environment
Communication skills.

Pharmacology (FRM 110)

Introduction to pharmacology and dispensing
Types of drugs

Community Nursing I (GMV)

Process of community health Epidemiology.
Family care (birth to adulthood)

Second Semester

Health care and the Law (GRV 120)

Common, statutory, private and formal law.
The South African legal system and legislation.
Contractual relationships between the nurse and the patient.
Consent to treatment.
Negligent malpractice.
The patient's right to privacy.
Nurses as expert witnesses in court.
Euthanasia
Medical records.
Sex change operations
Child molestation
Patient /nurse and AIDS
Termination of pregnancy
Sterilisation
Accountability
Medicines – examinations – prescriptions
Blood

Ethos and Professional Practice (PPC 120)

History and future expectations of the profession
Professionalisation and role socialisation
Ethical and contemporary issues
Statutory bodies
Professional associations/trade unions
Application of nursing theories

Community Nursing II (GMV 120)

Family care (adulthood to old age)
Communicable diseases
Community health

Practical (GRP 100)

Extends over a period of a year
Projects must be completed
Formative evaluation will take place.

APPLICATIONS

Apply before 15 December to:
The Registrar: Academic
P.O. Box 339
UOFS
BLOEMFONTEIN
9300

ENQUIRIES

Dr Paula du Rand
(Programme Director)

Tel: (051) 4012407

Mrs A. Earle (Course Coordinator)
Tel: (051) 4306018

Ms Pam Botha (secretary)
Tel: (051) 4012967 (W).

Cartoons

by:

WOII M. P. SEKOBOTO

THE MOST FEARSOME

1. SHORT-MAN (DWARF) WAS SENT FOR HOEING IN THE FIELDS AS USUAL. UNFORTUNATELY THINGS WERE CHANGING AT HOME, THE AIM WAS TO VACATE ALL FAMILY BELONGINGS LEAVE SHORT-MAN ALONE BECAUSE WAS TROUBLE-SOME IN THE FAMILY.

OH! I DON'T BELIEVE MY EYES, LET ME RUSH BACK HOME.

FOOD FOR LUNCH ON THE SHADE

THE BLANKET IS WAVING LIKE A TATTERED FLAG FLYING OFF.

A TRUCK LOADED ALL HOUSEHOLD, NEIGHBOURS WHY ARE YOU LEAVING THE VILLAGE?

THE FIRST RESPONSE WE'RE RUNNING AWAY, DWARF IS TROUBLING A LOT, THERE IS NO PEACE.

IT IS STUBBORN

LISTEN A DWARF RESPONSES

OH! MY GOD, IT IS HERE WITH US.

THE MISSION FAILED AS YOU SEE A DWARF WORRIED ON TOP OF EVERYTHING AS A TRUCK TRAVELS

LDF FC e ketekela tlhoho

Ka Pte Ntšele Ntsoi

Matlatsi oa Molula-setulo oa Mokhatlo o Moholo oa Papali ea Bolo ea Maoto Lesotho (LEFA),

Mofumahatsana Leomile Thamae o khothalelitse sehlopha sa papali ea bolo ea maoto sa sesole sa Lesotho (LDF FC) ho phehella boipabolo bo ileng ba se putsa ka mehope e 'meli sehlang sa lipapali sa 2000-2001.

Ha a ne a bua lenonong le neng le t'soaretsoe mane ntlo-kholo ea sesole Ha Ratjomose ka la 28 Loetse, 2001 ho tlotla LDF FC ka khapo ea mehope ea Bompoli ba Liki le Sejana sa Boipuso, Mofumahatsana Thamae o itse ka lebaka la boit'soaro bo botle, boikemisetso le lerato la papali ho'a lokela hore e be LDF FC ke mpoli monongoaha.

"Le ka mohla ha re e-s'o ka re utloa bateaphala leha ele liofisiri tsa rona li tletleba ka se seng sa litho tsa sehlopha sena sehlang sena sa lipapali. Ho feta moo ha re e-s'o iphumane re lutse fat'se ho rarolla qaka e bakiloeng ke boit'soaro bo sa amoheleng ba sehlopha sena. LEFA e motlotlo ka lona, le fane ka mohlala o motle bahlankana ba heso. T'soarang joalo le tiee; re le t'sepisa bot'sehetsi bo matla lithohisanong tsa machaba tse tla'ng li le tobile", ke Mofumahatsana Thamae eo.

Libui tsohle li ile tsa phafa LDF FC joaloka sehlopha se hloahloa ka har'a naha ho latela bokhoni ba eona lipapaling. E mong oa batsamaisi ba sehlopha ebile e le moahloli oa Lekhotla la Maipiletso la Lesotho, Moahloli Mathealira Ramodibedi le eena o ile a thoholetsa sehlopha, "ho'a lokela hore sehlopha sa sesole e be sona se phahamisang folakha ea naha machabeng. Ke rialo hobane ho ea ka nalane, papali ena ea bolo ea maoto e qalile sesoleng e le o mong oa mekhoha ea boikoetliso".

Moahloli Ramodibedi o boetse a eellisoa bahlankana ba sehlopha sa LDF FC hore ba na le menyetla eo libapali tsa lihlopha tse ling tsa papali ena ea bolo ea maoto li e hlokang. "Banna ba heso, le na le nako e lekaneng ea boiketliso le libelisoa tse lekaneng, li sebeliseng hantle. Le lokela ho li hula nthau ka mehla lipapaling ke hona", Moahloli a ba laea.

Molaoli oa sesole sa Lesotho Lieutenant General Makhula Mosakeng eena o ile a re ponahalo ea mehope e 'meli ka pel'a mahlo a hae ke sesupo se totobetseng sa hore bahlankana bao ba ile ba utloa litaelo tsa hae ka mokhoa o hlakileng, 'me ba



E ne e le thabo feela ha libapali tsa LDF FC le batsamaisi ba sehlopha ba amohela mehope eo ba e sebelelitse ka boitelo mane Maluti Mountain Brewery (MMB) Maseru. Pic:- Tiny Sefuthi

etsa ka senna ho li phethahatsa. "Banna ba heso, le emetse sesole sena ka mokhoa o babatsehlang ruri lipapaling, kea le thoholetsa ke hona. T'soarang joalo le tiee", ke Lt Gen eo a ba tiisa 'moko.

Moetapele oa sehlopha, Captain Donny Ntackha (28) eo e leng 'mapala-morao lepheong le letona (oa seaparo sa nomoro ea 14 ka mahetleng) o ne a le teng moo le eena, "ke motlotlo haholo haele mona ke ile ka atleha ho etellapele sehlopha sena ho se isa katlehong eo se e fihletseng."

Captain Ntackha o ile a boela a bont'sa hore sehlopha sa habo se hloka ho hlophisa lipapali tsa setsoalle tsa machaba e le ho itokisetsa lithohisanano tsa machaba selemong sena. "Ba bang ba libapali tsa rona ha ba e-s'o ka ba bapala khahlanong le likhalala tsa machaba, ka hona ekaba bohlale ho hlophisa lipapali tsa mofuta oo ka sepheo sa ho fihlela tlhoho lithohisanong tsa Mohope oa Bompoli ba Mehope linaheng tsa Afrika tseo re tobaneng le tsona", ke Captain Ntackha eo.

Mokoetlisi, Corporal Kolisang 'Telephone' Seutloali o hlalositse hore ha a na lekunutu la katleho leo a ka le arolelanang le bomphato'a hae ba lihlopha tse ling. "Ho mpang ho etsahala ke hore ke na le libapali tse nang le boiphihlelo; ke li tsoake ka ba bacha, 'me ke nke mehato e thata-thata ea ho bona hore boit'soaro ke bo amoheleng ho bohle. Seo se re putse ka katleho e kholo", ke mokoetlisi eo.

Ho feta moo Corporal Seutloali o ile a tletleba haholo ke kamoo lipapali tsa liki li neng li hlophisoa ka teng sehlang sa

lipapali sa 2000-2001. "Ka nako e 'ngoe re ne re iphumane re tjametsoe ke lipapali tse peli ka mafelo a le mang a beke. Libapali tsa ka li ile tsa khobala ka bongata, 'me bohle ba hula ka boima ke mokhathala", a rialo Cpl Seutloali.

Mokoetlisi o ile a boela a bolela hore ha ho libapali tse ncha tseo a li kenyelelitse sehlopheng sa hae ho fihlela joale. "Leha ho le joalo ke tsoile let'solo la ho batla bo-'mapala-hare le bahlaba lintlha ba hloahloa ho matlafatsa sehlopha. Empa haajoale ha ke e-s'o be boemong ba ho bolela mabitso a bahlankana bao ke ba beileng leihlo", e boetse ke eena eo.

Mot'sehetsi e moholo oa sehlopha sa LDF FC Monghali Percy Shelile oa Ha Ratjomose, Maseru o ne a le teng moo lenonong leo le eena. "Ke motlotlo ka sehlopha sena sa heso. Ke sehlopha se hlophisehlang ka mokhoa o tsotshang ruri, 'me se tsitlallelang ho ipabola lipapaling ka mehla. Re le bat'sehetsi ba sehlopha re na le tabatabelo ea ho theha mokhatlo oa bat'sehetsi oo ka ona re tla'ng ho tlatsetsa lithohokong tsa libapali tsa sehlopha ka liabo tsa botho ba rona", a rialo Monghali Shelile.

Motsamaisi oa lenaneo la litaba tsa letsatsi leo, Lt Palesa Mosese o ile a nka monyetla oo ho etsa phatlalatsa ea hore e mong oa liofisiri tsa LDF, Captain Isaac Khomo Mohobo o khethiloe hoba setho sa Komiti e Kholo ea Tsamaiso ea Bolo ea Maoto Lesotho tlaasa sekhele sa LEFA ka la 27 Loetse, 2001.

Ba neng ba tile ho thaba le sehlopha, e bile liofisiri tse kholo tsa LDF, bahlomphehi baeti ba molaoli oa sesole, libapali tsa LDF FC le batho bohle ba boithatelo bo botle. ■

WHAT is EBAS?

A scheme that

- Is funded by the ACP group and the European Commission designed to enhance the competitiveness of private sector enterprises in ACP countries.
- Provides grants of 50% towards the cost of expertise needed.
- Provides up to a maximum of EURO 70,000 per applicant.
- Aims at activating demand for, and supply of, specialised consultancy services.
- Also providing free advice on technical business matters to enterprises, by EBAS Regional Offices.
- Consultancy services shall be rapidly deliverable and practical, requiring no capital expenditure and resulting in short term benefits to the enterprise.

HOW does it work?

- EBAS works through a network controlled by a Brussels Office (the PMU), and four EBAS Regional Offices.
- EBAS is designed to provide, in the form of a grant, 50% of the costs of accessing business development services.
- EBAS will meet a maximum of 50%.
- The applicant must pay not less than one third of the total cost.
- The balance may be funded through other grants.
- Payment will be made progressively on the basis of documentary evidence of expenditure, during the life of the programme and according to agreed audit procedures.

WHO qualifies?

- All private enterprises in ACP countries and more particularly SME's in manufacturing and service enterprises.
- Intermediary organisations of ACP countries such as Chambers of Commerce and Producers Associations.
- Local providers of specialised business services, such as consultancy companies.

WHO does not qualify?

- Parastatal and government entities where the State holds a majority share interest.
- Associations fully funded through government or sources other than their members.

HOW do potential beneficiaries apply?

- The PMU Brussels Office, Website,, business associations and Relay points.
- The website: www.ebas.org
- Four EBAS Regional Offices:
 - Nairobi (Kenya) - Eastern Africa and Indian Ocean.
 - Abidjan (Cote d'Ivoire) - West and Central Africa.
 - Gaborone (Botswana) - Southern Africa.
 - Bridgetown (Barbados) - Caribbean.
- The Brussels Office covers the Pacific region.
- Enterprises fill out an APPLICATION FORM providing company details and describing services to be supported by an EBAS grant as well as expected outputs benefits.
- Applications will be approved by the ACP Group and the European Commission.

WHEN will the applicant receive an answer?

- Quick responding mechanism, thanks to an interactive website and Virtual Office on the Internet.
- 12 working days, maximum, for applications to be approved.
- Enterprises and Associations whose enterprises are turned down may appeal to an independent committee for a review.

WHICH kind of services can help you to improve your competitiveness?

Business Development Services are those provided by specialists in fields such as:

- Marketing and Sales (including e-commerce).
- Development of Export.
- Production.
- Procurement and Logistics.
- Quality Control and Norms.
- Environmental aspects and Compliance with import countries' regulation.
- Warehousing and packaging.

And in association with any of the above:

- Human Resource Development and Training.
- IT and communication.

Project Management Unit Head Office

110 Bd Auguste Reyers B-1030 Brussels Belgium

Tel: 0032.2.740.02.40 Fax: 0032.2.740.02.49

E-mail: ebas@ebas.org



EU/ACP BUSINESS ASSISTANCE SCHEME



IS OFFICE
2001 -11- 2 1
FENCE FORCE

